***BHAGAWAT GEETA (Song of the Divine)***

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***BHAGAWAT GEETA*** *meaning "songs of the divine" is the divine communion of truth- realization between human and God. Entire wisdom of cosmos has been packed into 700 concise verses bearing timeless and universal message to human beings. Oh! Yes, Bhagawat Geeta is the oldest, greatest and the highest form of literature expounding the creed, discipline and ideals of all the prevailing religion. Geeta is the chapter of Mahabharata, an epic based, on a true incident that had occurred in Greater Nepal on the Dwapar Yug, approximately 5,000 years ago. Mahabharata is the war which had occurred in-between Pandavas (defenders of truth) who belong to Nepal and Kauravas (the 100 mischievous brothers) living in Hastinapur, today's Delhi India. Bhagawat Geeta is the classic masterpiece of literature in the entire history of human civilization. It is the outcome of dialogue in between Lord Krishna and the archer- Arjun while Lord Krishna convinces Arjun to perform duty of an archer, not to run away from the Mahabharat battlefield. The fight was inevitable for the restoration of righteousness, justice and peace. Sanskrit verse "Ahinsa Parodharma; Dharmahinsa Tathaiwa Cha" which means – Nonviolence is the duty of humankind but killings in order to restore righteousness- justice and peace is the supreme duty of every mankind.*

*Non-the-less, Geeta is the noblest of scriptures and the grandest of sages describing a code of life and philosophy of social and ethical relations, human problems and way out from turmoil life. The Geeta lays down the highest ideas of self-control and self-realization embracing oneness. No doubt, Bhagawat Geeta is the inspirational source of all the philosophy, art, literature, religious texts and civilization that we have inherited. What is not in it- is nowhere. It is inevitable to read in order to understand life and the world. He / she who do not know Geeta- shall not know the symphony of the soul; he misses the avenues of life and beauty/grandeur of his own existence. Bhagawat Geeta is the vivid description of the Soul (Aatma), Karma (Action), Fal (Result) and the law of nature (Prakriti). It has unmasked the quest of truth, bliss, beauty and way to reach divinity. Indeed, it is a book of life that teaches “The Art of Living and Dying”. Selfless action brings contentment (loving nature) and dedication to the almighty God brings bliss. And, Yoga and meditation purifies body, mind and the Soul. As a result, self transformation occurs and we realize the ultimate oneness of existence. Understanding its immense importance most of the universities of America and Europe have kept Bhagawat Geeta in education curriculum. Jesus Christ was highly impressed with the teachings of Lord Krishna while he was in Nepal as a spiritual seeker. He thought of spreading the noble truth- Lord Krishna's teachings. 'Niti' means teaching in Sanskrit and Kurisuna + nity later became Christianity. In short, the Bible, Quran and Moses 10 commands bear core essence of Bhagawat Geeta. Quran is just the fragmentation of 'Puran'- the Vedic texts. Dr. Sajid Siddique explained so nicely in his book Geeta "Khuda ka Bayan" showing Bhagawat Geeta is the common book of every religion. Maulana Shaheen Jamali- a great Maulana loves to be called 'Chaturvedi' which means the knower of all the 4th Vedas. He has clearly said that Vedas is the source of all religions whereas other so-called gurus divide humanity with imposing own ideology. What a shame!*

*From the ancient time, Nepal was well known as 'Satyawati' (the land of truth) and 'Muktidayeni' (the land of salvation). Realizing the supreme power of tantra and ultimate spiritual destination, all the peace seekers, prophets, angles used to come to Nepal and pay homage as it is the land of Devas and Rishimunis. In short, Himalaya is the abode of Lord Shiva. Even, Jesus Christ – the devotee of Lord Krishna had spent 18 yrs of his mysterious life tenure. People will understand such statement more clearly if they know about ancient Nepal and the Vedic wisdom first. Never-the-less, Nepal is the cradle for human civilization and obviously Pavilion for all religious groups because it is the origin place of Vedic Sanatan Dharma – the universal religion of truthfulness. Bhagawat Geeta is similar to beautiful quotations taken out from the ocean of Vedic wisdom. It is a poem in symphony in which God is seen in all things. Surely, it generates devotional spirit and compels to ponder upon the true nature of life and the world. Lord Krishna is referred as 'Bhagawan' because he is the supreme personality possessing all richness, strength, name- fame, beauty, wisdom and all renunciation. Yes, Bhagawat Geeta is a beautiful window to peep spiritual realm an inspirational source for all the religions.*

*The Lord Krishna, 9th incarnation of Narayana himself, was born in Ruru Kshetra, Palpa district of Nepal. He has beautifully explained the law of life, our duties and responsibilities, purpose of life, way to connect divinity, causes of suffering and solutions of every problems reciting in Sanskrit verses. Chapter one is just the setting scene of Mahabharat war. Lord Krishna starts explaining true nature of life and our identity in universe from Chapter two. And, other chapters talks about philosophical quests; the way to divinity and HIS supremacy. Therefore, European and American scholars have praised Bhagawat Geeta by heart. For them, it is a matter of great pride to have 'Geeta' on the table. But, not to utter a single word of 'Nepal'- the birth place of Lord Krishna, the ultimate spiritual destination is strongly condemned. We thank Indian spiritual leaders who spread Krishna consciousness all over the world. But, concealing the birthplace of Lord Krishna is very disgusting. As we all know that Indians are the most cunning people in the world. Sorry to say, but Indians are so clever that they can sell combs to a bald headed man. They have made duplicate Lumbini and Rishikesh nearby Delhi. Indian prime-minister Narendra Modi's speech saying "Buddha was born in India" at United Nation's meeting created political chaos for two years. You can watch such propaganda video in several social media sites. So disgusting! How he dared to tell lie when the entire world knows that Nepal is the Land of Mt. Everest and the birthplace of Buddha isn't it?*

*Now, all the social media and Google search engines talks about India regarding; Vedic wisdom, Vedas, Saints- Rishimunis, spiritual places because India has ruled in IT (information and Technology). Moreover, India has a crowd of people and India started to advertize their new spiritual sites just by showing crowds. Most of the spiritual places of India is mere the replica of spiritual sites of Nepal. For instance; the original Somnath is Muktinath (Mustang district of Nepal), original Kedarnath is Doleshwor (Panauti, Nepal), and original Vanarasi is Barahachhetra (Dharan, Nepal). Indians made a replica of spiritual places of Nepal just like Burmese made Pashupatinath in Burma whereas all the people know that the original Pashupatinath lies in Kathmandu Nepal. It can be their ego or ignorance but being a spiritual guide- Indian spiritual master must not mislead followers. Indian's and western's ego for competing knowledge has kept Vedic wisdom in a shadow. Ideology of so-called gurus saying "our religion is better and yours bitter" has created chaos. We must break the boxes of religion by understanding Vedic Sanatan Dharma; which was in practice before Buddha, Jesus, Mohamad, Nanak, Moses etc and still it exists in Nepal.*

*May the people understand that Nepal is not a political / geographical country but the land of Devas, Saints and Rishimunis. It is the mystical land where immortal souls dwell. It is the pious land blessed by Guru Gorakshanath, abode of Lord Shiva. The four vital spiritual energy point for entire human beings; Muktikshetra, Pashupatkhetra, Ruru Kshetra and Baraha Kshetra lies in Nepal. Similarly, all the 64 Jyotirlinga (visible form of Lord Shiva) lies in Nepal. Despite of crystal clear evidence, Indian politics has cunningly advertized their so-called spiritual places which is just the replica of Nepal's energy centers. History tells that once upon a time, Indians could not enter Nepal and pay homage due to malaria- plague in Terai region of Nepal. It is good to make a replica like Burmese made Pashupatinath temple in Burma, Thai people kept the Capital name 'Ayodhya' prior to Bangkok as they had a great respect to Lord Ram who was born in Ayodhyapuri, Chitwan, Nepal. But, advertizing just Indian Brindavan and Indian Ayodhya is a great crime. In fact, spiritual energy does not understand politics at all but interpretation from Indian Hindus saying "Aum Namah Shivaya is a Hindu mantra, Lord Shiva -Indian God, Vedas - Hindu book, Geeta – Hindu text, Lord Ram, Krishna, Buddha is an Indian God is extremely nonsense. First of all, God does not belong to one nationality or religion but how dare India gave passport to Lord Shiva, Lord Ram, and Lord Krishna? Secondly, the 4 Vedas (constitution of human beings) was written by Maharshi Veda Vyasa who was born in Damauli Nepal. The 4 Vedas is the source of all the literature, religious texts and scientific discoveries. An inscription kept in Kedarnath temple saying "Damaulijanma Badaribanastho Vyasomuni Satyawati suto saou: Parasaratma Saridantarale Chiram chakaratra tapastapasbi", Vayupuran saying "Ganga Yamuna Saraswoti yo Dwaparesmin Yamuna tatesbhuta parasarat satyawati prasut: Sa wao samartho bhagawan babhuwa Bedasya bistar karo Damaulyam: Yeti tarasya yamuneti madi saraswoti begawatiti seti, tatsangam diwp bhawasya tasya Dwaiyapanakhya prathima jagatyam, and other Sanskrit slokas "Antarale Mahanadho Gandaki shula gandayo- Parkot bhidhasta syadesh sarbatra visrita" describes the exact location of Damauli. Till today, there is place name called Parkot, Gandaki and Chudi Seti River which is in Gandaki district of Nepal. The both inscription and Puran verses explains that Veda Vyasa was born in Nepal. Then? Despite of having crystal clear evidence, India is trying to fool entire world which is extremely condemned.*

*Similarly, Lord Krishna was born in Ruru Rishikesh, Palpa district of Nepal. Lord Krishna, the 9th incarnation of Narayana, is uttered with other several names like Govinda, Gopal, Gokula, Keshav, Madhusudhan, Shyamsundar, Damodar, Basudev, Hari, Manmohan, Bhagawan Rishikesh. He kept nathsworupa name 'Yadunath' after receiving cosmic wisdom from Guru Gorakshanath. Mother Devaki had to save baby Lord Krishna from Kansha's attack and was thrown into Gandaki River in a basket. The basket with the baby was rescued by a fisherman nearby Narayanghat and grown up at Brindaban which lie in Janakpur. Again, mother Devaki had to escape away into the Himalaya and tie the baby Krishna by Kush rope so that he could not run elsewhere. And, this secret place is no other than 'Damodarkunda' which lies in Mustang district of Nepal. One can see Holy Kush grass grown around Damodarkunda till today. Lord Krishna spent most of his life time at Brindawan, eastern Nepal and Daman area which is 72 km west from Kathmandu. One can see Pandukeshwor river (Daman, Nepal) area where Lord Krishna had sprinkled water to the five Pandavas for good luck before Mahabharat battle. Again, Lord Krishna had received Sudarshan Chakra from Shiva-Shanker Bhole at Aadeshwor (51st Shivalinga) which is just 2 km north from Swoyambhunath, Kathmandu. Therefore, Ruru Rishikesh is the original Rishikesh absolutely not Rishikesh north to Delhi. The replica Rishikesh of India became famous just after the visit of western music band Beatles for practicing trancendental meditation course in 70's. Therefore, we urge all the readers to explore such places and gather authentic information because it is very important to know the source of wisdom. Please do not take me as a pro Nepali at all. You shall agree on above statement once you understand ancient Nepal, spiritual energy centers. My attempt is to delete confusions as thousands of westerners have come to 'Tushita-Nepal Meditation Center' seeking authentic information, spiritual guidance.*

*Entire world is craving for peace. Millions of devotees are raising Krishna consciousness around the world with fanfare "Hare Ram- Hare Krishna". There is huge misconception regarding the birthplace of Lord Krishna. May you read last pages information 'Things to Know'- ' Vedic Sanatan Dharma' and 'the Greater Nepal' to understand more clearly. Very soon entire world will know that Lord Krishna was born in Nepal. And, obviously, people will know that Bhagawat Geeta- "The Song of the Divine' was also written in Nepal. It is so sad that people think Geeta as a religious text and ignore reading. Also intricate diction written in Sanskrit language and not knowing practicality of Geeta has made readers indifference to read Bhagawat Geeta. Therefore, Yogi Panchavedi has attempted to translate important verses in a simple language so that entire people could read and implement in life, especially when people are lost and stand on cross road with full of confusions. Bhagawat Geeta is a beautiful epic explaining entire philosophy of life; love-life death, politics, devilish human nature, purification of consciousness and attaining salvation. It bears universal truth- it is the reason why Geeta is touched while taking oath in courts of national assembly. Certainly, Bhagawat Geeta is the philosophy of life, noblest of entire literature, manual book teaching the art of living and dying.*

*- Yogi Panchavedi*

***Mahabharat Characters and Places***

***Bhagawan Krishna****: is the supreme personality of Godhead and HE possesses richness, strength, name- fame, beauty, wisdom and all renunciation*

***Pandavas****: the five brothers (Yudhistir, Bhim, Arjun, Nakul and Shahadev) sons of Pandu and Kunti, Madri. Pandavas are the defender of truth who were born in Daman, Nepal 72 km west from Kathmandu*

***Arjun****: the archer – the sharp shooter, one of the five brothers, hero of the epic Mahabharat*

***Daupadi****: wife of all the five brothers (Yudhistir, Bhim, Arjun, Nakul, Shahadev)*

***Dhritarastra****: the blind King, father of 100 mischevous sons living in Hastinapur, today's Delhi*

***Kauravas:*** *100 sons of Dhritarastra- the blind King living in Hastinapur, today's Delhi*

***Duryodhan:*** *elder brother among 100 Kauravas*

***Sanjaya:*** *Secretary of Dhritarastra (the blind King) who narrates all the events of battlefield to the blind King staying 100 km away from the battle-field.*

***Bidur:*** *Kind hearted gentleman though he is Kaurava's uncle*

***Dronacharya****: Guru of Pandavas and Kauravas teaching military arts*

***Battlefield****: Kuru Kshetra (Haryana) nearby today's Delhi*

***Hastinapur:*** *ancient name of Delhi, India*

***Pandukeshwor:*** *dwelling place of Pandavas 'Daman' which is 72 km west from Kathmandu, Nepal*

***Mahabharat Hill****: small hills south to Kathmandu, Daman, Pokhara from where Pandavas had walked through. We call 'Mahabharat Hill' till today.*

***Daman River:*** *The pious place where Lord Krishna had sprinkled water and blessed the five Pandavas.*

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*Sarbopanishado Gawo Dogdha Gopal Nandan: / Parthowatsa: Sudhibhorkta Dudhdham Geetamritam Mahat*

*All the Upanishads are cows; the milker is Lord Krishna (cowherd boy), Arjun is the calf; wise and pure men drink the milk- the supreme, immortal nectar of the Geeta.*

*Prapanna Parijataya Trotrawaitraikapanaye / Gyanamudraya Krishnaya Geeta Mritaduhe Nama:*

*Salutation goes to Lord Krishna who is the bestower of all the desires, the holder of gyana mudra and the milker of elixir of Bhagawat Geeta.*

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***Setting Scene***

*Bhagawat Geeta is an outcome of discourse between Lord Krishna and Arjun when archer Arjuna tries to step back from the battlefield. Mahabharata is an epic which had occurred 5,000 yrs before in between Pandavas (defender of truth) and Kauravas (mischievous peoples). It is a great fratricidal conflict between the hundred sons of Dhritarastra (living in today's Delhi) and on the opposing side Pandu's sons Pandavas- the five brothers (defender of truth- living in Daman, nearby Kathmandu). Dhritarastra and Pandu were brothers born in the Kuru dynasty descending from the great King Bharat (former ruler of the entire world) having capital city based in Bharatpur, Nepal. After the death of Pandu, his five children (Yudhistir, Bhim, Arjun, Nakul, and Shahadev) live together with Dhristarastra (Kaurava's father). Pandavas (the 5 brothers) and Kauravas (100 brothers with Duryodhan) used to study and play together. They receive training together in the military arts / archery by Guru Dronacharya. Time passes away, Dhuryodhan (son of Dhristarastra) starts to hate Pandavas, also his father Dhristarastra wants his son to inherit the kingdom but not to those five Pandavas. Therefore, Duryodhana starts to web conspiracy to kill the Pandavas with the consent of his father Dhristarastra. Somehow, the five Pandavas get success to escape from conspiracy by the careful protection of Bidur – their uncle and Lord Krishna who was playing the role of a prince in the contemporary dynasty.*

*At last, Duryodhana invites Pandavas for gambling and looks chance to kick them off. In this moment Duryodhana takes possession of Draupadi- devoted wife of Pandavas and tries to make her naked in front of great gathering. Lord Krishna becomes unlimited roll of sari (woman's dress) and saves Draupadi's chastity. But, the Pandavas are compelled for 13 yrs of exile when Duryodhan cheats in gambling. The Pandavas accepts the circumstance with due respect and leave the palace. Pandavas returns after completing exile and requests to get their Kingdom but Duryodhana is not ready to give even a meter of land for them. Pandavas tolerates series of oppression but when the tolerance crosses the limit, Pandavas feel the inevitability of war. Here, Lord Krishna puts his mediator role and tries his best for peaceful relationship but his attempt becomes meaningless. Then, the war becomes certain when sincere request of Lord Krishna gets rejected by Durodhana.*

*At the end, Lord Krishna becomes the Charioter of archer Arjun. Armies of both sides become ready for battle. Dhritarastra, the blind father of Kauravas, questions anxiously to his secretary Sanjaya about the battle situation. On the other hand, Arjun thinks to step back from the battle field as he sees all his relatives- friends. He is totally upset to be in the battlefield and remains in the situation 'to be or not to be'. Now, Bhagawat Geeta starts from this point when Lord Krishna tells archer Arjun to perform Dharma (duty – responsibility) and Karma - action without looking result. Bhagawat Geeta contains 18 Chapter. The battle took for 18 days and only 18 people were left alive at the end of Mahabharat Battle. Historical evidence says millions of people had died and few thousand people were able to escape from the battle which later spread around the globe.*

***Chapter 1 - Observing Armies on the Battlefield***

***धर्मक्षेत्रे कुरुक्षेत्रे समवेता युयुत्सवः   
मामकाः पाण्डवाश्चैव किमकुर्वत सञ्जय***

*Dharmakshetra Kurukshetra Samaweta Yuyutsawa:*

*Mamka Pandawaschaiwa Kimkurwata Sanjaya (Chapter 1 : Verse 1)*

*Dhritarastra (the blind father of 100 Kauravas) asks his secretary Sanjaya to report the exact situation of the battle field that what were his sons and Pandu's sons doing at Kurushertra- battlefield. Remember, the battle field is somewhat 100 km away and secretary Sanjaya is describing the complete battlefield scene through his third eyes sitting with Dhristrarastra inside palace. He is one of the examples of time traveler.*

*Drasta tu Pandawanikam Byudham Duryodhanastada*

*Acharyamu Pasangamaya Raja Bachanam Brawita*

*Then, Sanajaya narrates the overall situation of the battle field giving more confidence to Kauravas. "All the armies are ready for combat, flags are flickering, both side armies are ready to fight but just archer Arjun is hesitating. Our armies are well-equipped; strength is immeasurable as we are protected by Bhisma, Karna and Aswosthama- the great warriors. Now Bhisma is blowing Conch loudly inviting for the battle – immediately drums, trumpets and horns have been blown. Bhim is also blowing conch from Pandavas side. All are in set- ready - go position. Arjun is asking for the guidance and protection to Lord Krishna. At once, Lord Krishna pulls the chariot in-between and blows conch- whistling for the war."*

***दृष्ट्वेमं स्वजनं कृष्ण युयुत्सुं समुपस्थितम् |  
सीदन्ति मम गात्राणि मुखं च परिशुष्यति***

*Dwastewam Swajanam Krishna Yuyutsum Samupasthitam;*

*Sidanti Mama Gatrani Mukham Cha Parishusyati (Chapter 1 Verse 28)*

*Millions of armed force and horses ready for war is seen, Lord Krishna blows conch giving signal to start war. The five Pandavas (Yudhistir, Bhim, Arjun, Nakul, and Shahadev) with Lord Krishna is standing in one side and opponent Kauravas with millions of armed force are standing on the other side. The both Pandavas and Kauravas belong to the same ancestry clan. Arjun gives up his determination to fight against his teachers, relatives, friends and utters the above stanza which means- " O' Lord Krishna, My limbs are quivering and my mouth drying up seeing my own friends and relatives present before me with much fighting spirit. My mind is reeling; I see only misfortunes around me. They are my close friends and relatives. How can I slay them and reap bad Karma? What do I get from such bloodshed? It is pointless to kill them and own Kingdom because the country without people is just a graveyard. It shall be a mean act to commit crime just for desire to enjoy palace happiness. I feel so compassionate to them. I do not foresee any good can come by killing my own kinsmen in the battle. Let's not fight for filthy political issue. I don’t want to take unnecessary risk of violence. Therefore, may you forgive me and take me out from this battle field ".*

***Chapter 2 - True Nature of our Soul***

***तं तथा कृपयाविष्टमश्रुपूर्णाकुलेक्षणम् |  
विषीदन्तमिदं वाक्यमुवाच मधुसूदन: ||***

*"Tam Tatha Kripayabistam Srupurna Kulekshanam*

*Bisidantamidam Bakyamuwacha Madhusudhana" – Sanjaya (Chapter 2, Verse 1)*

***कुतस्त्वा कश्मलमिदं विषमे समुपस्थितम् |  
अनार्यजुष्टमस्वर्ग्यमकीर्तिकरमर्जुन ||***

*"Kutwostwa Kasmalamidam Bisame Smupasthitam*

*Anaryajustam Swagaryam Kirtikaram Arjuna "- Krishna (Chapter 2, Verse 2)*

*Secretary Sanjaya is narrating the exact scene of battlefield to the blind King. Archer Arjun is in dilemma 'to be or not to be'. Therefore, Lord Krishna convinces Arjun telling true nature of life and the world; "The fight is inevitable for justice and peace. You must not run away from duties and responsibility and the value of life. Born as a Kshetriya clan, your duty is to involve in fight. Do you remember that you used to shoot arrow in childhood without looking target? In fact, that was the preparation for this time. Do not look for the result as it is not in your hand. Being a warrior your duty is to kill when circumstance appeals. You are just thinking materialistic relationship. Do you remember the mischievous behaviors from your so-called brothers Kauravas? They tortured your family- they are Saitans. Just remember that your wife was insulted making her naked in the meeting hall, your brothers are threatened, your country people are badly suffering and even Kauravas are ready to kill you. You need to fight for Kaurava's devils nature, mischievous act. Do not think them your relatives? They are already with weapons to fight. Now, either you kill them or you will be killed. Choice is yours! "*

***प्रजहाति यदा कामान्सर्वान्पार्थ मनोगतान् |  
आत्मन्येवात्मना तुष्ट: स्थितप्रज्ञस्तदोच्यते ||***

*Prajahati Yada Kamansarwanparth Manogatan*

*Aatmanyewatmana Tusta Sthit Pragyastadochyete – 2 : 55*

*When one discards all selfish desires and cravings of the senses that torments our mind and focuses on self realization, such person is said to be transcendentally situated. He shall be free from pleasure, attachment, ego, anger and fear is called a sage of steady wisdom. He will not show tears in trauma and laughter in happiness because he understands as they are the two sides of coin. He can cover himself like a tortoise shell around and nothing really affects him.*

***दु:खेष्वनुद्विग्नमना: सुखेषु विगतस्पृह: |  
वीतरागभयक्रोध: स्थितधीर्मुनिरुच्यते ||***

*Dukheswanudbignamana Sukhesu Bigataspriha:*

*Bitaraga Bhaye Krodha Sthita Dhirmunir Uchayete - 2 : 56*

*And it is possible only by controlling the senses through Yog-Dhyan (yoga and meditation). It is possible only by devotional activities to Lord Krishna- the supreme consciousness. Surrender to Him and let the things happen- flow with the flow. Be satisfied with Krishna consciousness only then the three fold miseries of material existence no longer exists and intelligence is well established.*

*Arjun again denies to involve in killings as he sees great teacher Dronacharya and beloved friends, relatives. He asks several question, appeal Lord Krishna to explain more clearly. Then, Lord Krishna answers;*

***"अहिंसा परमो धर्मः धर्म हिंसा तथैव च: l"***

*"Ahinsa Paramo Dharma: Dharma Hinsa Tathaiva Cha" - Lord Krishna*

*Non- violence is the ultimate Dharma (duty) of human beings. So, too is violence in service of Dharma. It is humans' duty to keep up non-violence but again it is his duty to involve in killing if needed to restore peace. For an example, an army can kill the enemy if needed while serving nations duty. Similarly, you can kill a person if your sister is raped or murdered. Dear Arjun, do you remember oppression, devilish activities done to your wife, brothers and country-people? Your wife was almost made naked in assembly hall. Innocent people have lost lives by Kaurava's attack. Therefore, it is not a naughty fight but a glorious fight against injustice, fight for cleansing tears of your country people, fight for restoring Dharma and peace. Now, the time has come to raise sword in order to save nation's chastity. Your tolerance has crossed the limit. It is the time to involve in war for the noble cause. Isn't it?*

***देहिनोऽस्मिन्यथा देहे कौमारं यौवनं जरा |  
तथा देहान्तरप्राप्तिर्धीरस्तत्र न मुह्यति ||***

*Dehino Sminyatha Dehe Koumaram Youbanam Jara*

*Tatha Dehantar Prapti Dhirastatra Na Muhyati – 2 : 13*

*Lord Krishna says- "Dear Arjun, our soul never dies. The embodied soul continuously passes (in this body) from childhood to youth to old age. Similarly, again it passes into another body after death. Soul is an eternal phenomenon, just at this moment it is residing inside you renting your body. Therefore, lamentation for material loss is useless. Sooner or later, it dies. But an individual soul submerges into supreme soul- lives an eternal life in bliss. Happiness and distress are just like winter and summer coming from due course of time which is essential to make a complete season. Who is not disturbed by such distress and happiness shall get liberation- free from the cycle of birth and death. Also, do not care for this perishable body. Next, you do not know the exact taste of honey without opening the bottle and licking with tongue. Similarly, you do not know the real power without fighting with them. You are blessed man- definitely you will kick them off. Do not worry".*

***नैनं छिन्दन्ति शस्त्राणि नैनं दहति पावक: |  
न चैनं क्लेदयन्त्यापो न शोषयति मारुत: ||***

*Nainam Chindanti Sastrani Nainam Dahati Pawaka:*

*Na Chainam Kledayantyapo Na Shosayanti Maruta: 2 : 23*

*Soul is immortal. It cannot be destroyed by fire or weapon. Nor moistened by water nor withered by the wind. Thinking you can kill or can be killed are both in vain. Spirit / souls can never slay nor ever are they slain***.**

***य एनं वेत्ति हन्तारं यश्चैनं मन्यते हतम् | उभौ तौ न विजानीतो नायं हन्ति न हन्यते ||***

***न जायते म्रियते वा कदाचि, नायं भूत्वा भविता वा न भूय: |   
अजो नित्य: शाश्वतोऽयं पुराणो, न हन्यते हन्यमाने शरीरे ||***

*Ya Yenam Betti Hantaram Yaschainam Manyete Hatam*

*Ubhou Tau Na bijanito Nayam Hanti Na Hanyate*

*Najayete Mriyate Wa Kadachi Nayam Bhutwabhabita Wa Na Bhuya:*

*Ajo Nitya: Saswatoyam Purano Na Hanyate Hanyamane Sharire – 2 : 19 / 20*

*The soul is so small that it cannot be killed because it is a spiritual constitution. The soul is unborn, eternal. He is not slain when the body is slain. Weapon cannot slay, fire cannot burn. What is killed is the body only, just like you throw out your old coat. Once the soul enters into mother's womb only then the baby starts growing, takes birth, become child to youth to old age and vanishes in oblivion. Soul remains steady and gives life to the body through the movement of 'Prana' – respiration. Soul is the fragmentation of supreme consciousness, so material body dies but not the Soul.*

*Hence, Lord Krishna explains the true nature of our Soul, exactly like a person puts on new clothes giving up old ones. Similarly, Soul enters into new material body leaving old body. "So, knowing this you should not grieve for the body. It comes and goes in a life cycle. For an example, we make a house from this earth and when dismantled, again return to earth. We are just an actor playing a movie for a good reason- that’s it. Now, as you are born in Kshetriya caste (warrior) and your duty is to fight do not look for the result. Result is not in our possession. Karma repairs itself. Instead, you need to be thankful for a golden opportunity having a purposeful life. If you step back, people will call you 'a coward' – worse than death. But if you show your bravery and earned skill for killing devils, people will appreciate and keep you on the bosom core. Also, you are not killing your relatives but the devilish nature of Kauravas. It is absolutely not a sin. Don't you understand? A fisherman not able to catch fish and a sharp shooter not able to throw an arrow is the same. Don't you feel shame? Once you perform duty- only then you are free from the bondage of works. Otherwise, it stays in your mind and teases you every time for being timid."*

*Therefore, Dear Arjun, stand up- and go for action. Otherwise, they are standing to kill you. Remember all the tortures they have been given to you, your wife, brothers and all country people. How can you run away from the supreme duty? Your shooting action is just like a teacher involved in teaching and a judge giving justice at the court. So, just think it is your duty- do not look for the result.*

***Chapter 3 Karma Yoga : Duties and Responsibility***

***कर्मण्येवाधिकारस्ते मा फलेषु कदाचन |  
मा कर्मफलहेतुर्भूर्मा ते सङ्गोऽस्त्वकर्मणि ||***

*Karmanyeva Dhikarastema Falesu Kadachana*

*Ma Karmafala Hetur Bhurma Te Sangostwo Karmani - 2 : 47*

*You have right to perform duty but must not look for the fruits of action. Every action has reaction. So, the result comes sooner or later, good or bad depending upon the Karmic action. Planting a Sunflower definitely yields Sunflower plant an orange but cannot expect 500 kg of oranges immediately or will not give fruit within a week as per your wish. A gardener's duty is to plant flower but size- color, when to bloom is nature's duty. Parents go for sex if to make a baby but cannot choose boy-girl, eyes, hair color etc. So, the result giver is the Creator, isn't it? Also the result is based on action, care and devotion. It depends on the law of Karma. Any action done with expectation becomes cause of bondage. Our every action must be imbued with pure intention. He must be free from attachment, ego, greed, lust, anger because these are the main source of all the miseries. Therefore, Dear Arjun, fight as a matter of duty without expectation of the result. You were prepared from childhood as a sharp shooter for this moment. And, fighting as a matter of duty is the only auspicious path towards salvation. You are completely free from the result, no need to worry who dies, who hurts. Gain, pain or victory is Supreme Lord's concern. Any work performed with pure intention and utmost devotion becomes Karma Yoga. Life is meant to experience, so experience this moment too. May your work be an inspiration for others and your noble deeds would be praised in history. So, it is your beautiful opportunity to perform Karma Yoga and attain salvation. When a man gives up all desire for sense gratification, then he is said to be in pure transcendental consciousness. Your action will become Pooja or melodious mantra. And, now you are on the path to experience bliss and enter into the Kingdom of God.*

***धूमेनाव्रियते वह्निर्यथादर्शो मलेन च |  
यथोल्बेनावृतो गर्भस्तथा तेनेदमावृतम् ||***

*Dhumena Briyete Vahinaryathadarso Malena Cha*

*Yatholwenabrito Garbhastatha Tenedamabritam – 3 : 38*

*Human being are covered by different types of lust just like fire covered by smoke, mirror covered by dust or as the embryo covered by the womb. Similarly, your consciousness is covered by lust. Attachment, ego, anger, greed, fear and lust are the greatest enemies of human beings. This is the reason why human beings are always away from reality. These enemies can be defeated; can be purified through Pranayama- alternate breathing, Sattvic bhojan (vegetarian food) and devotional activities.*

*Lust resides in intellect mind judging things. The working senses are superior to matter; mind is higher than the matter and soul is even higher than intelligence. And, you are stuck with the material body. It is shame. You need to awake yourself Arjun, for the self- realization knowing one's self, transcendent to the material senses, mind and intelligence. Your mind is judging so keep your mind steady and conquer this insatiable enemy known as lust (attachment).*

***Chapter 4 Wisdom through Self-Discipline***

***इमं विवस्वते योगं प्रोक्तवानहमव्ययम् |  
विवस्वान्मनवे प्राह मनुरिक्ष्वाकवेऽब्रवीत् ||***

*Imam Bivaswate Yogam Proktawana Hamabyayam*

*Biwaswanmanave Praha Manurikshwakve Brabita – 4 : 1*

*Now, chapter four talks about transcendental knowledge- the spiritual wisdom of God, soul and liberation. Lord Krishna also tells Arjun for his periodic descents to the mundane world. Lord Krishna says, through the above verse "I taught this imperishable science of yoga-meditation to the Sun god (Vivasyana) and Vivasyana instructed to Manu (the father of mankind) and Manu again taught to Ikswaku. Hence, the spiritual teaching was delivered to the Sun, then planets, then to nature. Therefore, the noble wisdom of Veda always vibrates in cosmos. Only great Rishimunis can channelize or tap those cosmic Vedas while in deep meditation. Human life is meant for cultivation of spiritual knowledge in eternal relationship with the supreme personality of godhead. It must be enhanced through Gurukuls (education), culture and devotional activities. I am giving this noble wisdom as you are my friend and also you are able to understand the transcendental mystery of spiritual science.*

***बहूनि मे व्यतीतानि जन्मानि तव चार्जुन |  
तान्यहं वेद सर्वाणि न त्वं वेत्थ परन्तप ||***

*Bahuni Me byatitani Janmani Tawa Cha Arjun*

*Tanyaham Veda Sarbani Na Twom Wettha Parantap 4 : 5*

*Just before, Arjun had asked that how did Lord Krishna teach spiritual knowledge to the Royal Sun as Sun is much older and bigger than Lord Krishna." Answering to this question, Lord Krishna says- "Dear Arjun, we have passed many lives both you and me. Just you cannot remember your past life and I do remember them all. I am unborn and the Lord of all the living entities (jivatma). Now, I am embodied in a human form as I have to come on earth in this body for a certain purpose. Basically, I am formless but I reside inside every living and non-living things. I am pervasive. Who is free from ego, anger, greed, lust, attachment only can know me. As told before, these things are the main barrier to know supreme consciousness just like cloud covering beautiful mountain-view. Therefore, human can know me only after the great realization. My incarnation is here on earth like an ordinary living entity for some purpose- OK (objection killed)!*

***AWATAR- INCARNATION OF THE GOD***

***यदा यदा हि धर्मस्य ग्लानिर्भवति भारत |  
अभ्युत्थानमधर्मस्य तदात्मानं सृजाम्यहम् ||***

***परित्राणाय साधूनां विनाशाय च दुष्कृताम् |  
धर्मसंस्थापनार्थाय सम्भवामि युगे युगे ||***

*Yada Yada Hi Dharmasya Glanirbhawati Bharat*

*Abyutthanam Dharmasya Tadatmanam Srijamyaham – 4 : 7*

*Paritranaya Sadhunam Binasaya Cha Duskritam*

*Dharma Sasthapanarthaya Sambhawami Yuge Yuge- 4 : 8*

*Whenever and wherever there is a decline in religious practice and predominant rise of irreligion- at that time I descend myself in King Bharat's land (Greater Nepal). I descend myself in order to restore Vedic Sanatan Dharma and world peace. The particular form of the personality of Godhead who so descends is called an incarnation 'Awatar'. May you be clear that 'Avatar' is neither a messenger of God nor a prophet but the God himself in a corporal body. Whenever there is an ascendance of adharma (injustice and disorder) and evils presence ruins humanity, I incarnate myself on earth in an embodied state (jiva) in order to restore balance, dharma (duties), and stable peace. The main purpose of avatar (incarnation) is to restore righteousness, protect devotees, spread noble wisdom of Vedas and strengthen people's faith in God and help them on the path of liberation. Therefore, Arjun, Surrender to me I reward them accordingly whosever follow my path.*

***काङ् क्षन्त: कर्मणां सिद्धिं यजन्त इह देवता: |  
क्षिप्रं हि मानुषे लोके सिद्धिर्भवति कर्मजा ||***

*Kankshanta: Karmanam Siddhi Yajanta Iha Devata:*

*Kshipra Himanuse Loke Siddhirbhawati Karmaja 4. 12*

*Men in this world desire success and worship to demigods. There is a great misconception about the God and demigods of this material world. People take demigods to be various forms of the Supreme Lord. Shiva or Narayana is the supreme Lord. We must understand that God is just one and parts / parcels are many. Demigods is the minor deity (mortal or immortal), who is the offspring of the God and received divine status after death. Demigods are all living entities (nityanam) with material power. They reside in spiritual realm, however, enshrined in every living and non living thing. God is the divine light-supreme consciousness which we call 'Guru Gorakshanath'. Shiva is the 'Prana'- the vital enery that is making us alive. Narayana is the same supreme Lord which first appeared in the water (Nara =water, ayana = appeared). Shiva and Narayana are the two faces of same existence. Budhanilkantha in Kathmandu is an ideal example of this fact. Narayan (Vishnu) recling with Shesha Nag on water and upside down is Lord Shiva.*

*Demigods are natural force of the earth and they are controlled by supreme Lord. Sun god, Indra, Varun, Bhagawati, nine planets, air, Hanuman, Yaksha, Kinnar, Daitya, Kuber etc, are some examples of demigods. One can feel the existence of supreme consciousness only after stepping into 7th dimension. Since Lord Shiva and Narayana are beyond material world, people worship to demigods available on earth which gives quick result. The boons of demigods are material and temporary such as land, house, family, enjoyment. The four dimensions of human beings and demigods are also created by the supreme Lord, Krishna consciousness. Remember, 'Krishna' means lucid- do not think only human form.*

*The Lord is the creator of everything. Everything born of Him, everything is sustained by Him and everything eventually rests in Him. HE is Almighty, omniscient, omnipotent, pervasive and enshrined to everything in nature. Mind cannot understand God because it is beyond mind and needs to be experienced. Mind is meant just to understand moments of life and live a life. Just understand that 'Shiva' is the life force 'Prana'; as long as you are breathing, Shiva resides in you and the moment you stop breathing, you submerge into Shiva.*

***Arjuna: "Then, who is Shiva? Who is Gorakshanath? "***

*Niranjano Nirakao Nirbikalpo Niramaya:*

*Agamyo Gocharo Lakshyo Goraksha Siddhabandita*

*Vishwotejo Vishworupo Vishwobardha Sada Shiva:*

*Bishwonama Bishwonath Aum goraksha Namostute*

*Guru Gorakshanath is the Creator and preserver of entire universe, nature and living beings. 'Gu' means the divine light and 'Ru' means ignorance, darkness. So, the divine light which erases darkness, ignorance, pain, sufferings is called 'Guru'. 'Go' means universe and 'Raksha' means care taker. Therefore, obviously- Guru Gorakshanath is the God, (divine light) Supreme consciousness. HE is almighty, omniscient, omnipotent and pervasive. God is the Supreme. Shiva Sutra Says-*

*"Jaba samma timi swas linchhau, ma timi bhitra hunchhu*

*Jaba timi swas lina chhadchhau, timi ma bhitrra samahit hunchhau."*

*As long as you are breathing, I reside in you and the moment you stop breathing- you reside in me. It means the prana 'vital energy' which is making us alive is 'Shiva'. We all turn to Saba 'corpse' when the prana (vital energy) leaves our body. Therefore, Shiva is the supreme existence of nature and all the living beings. 'Shi' represents consciousness (eternal existence) and 'va' represents nature (illusion). The cosmic energy creates an oval shape when it appears into physical form like our universe, planets, seeds, eye, embryo etc. Shiva is the union of Purush (consciousness) and Prakriti (nature). The same supreme existence first appeared on water which is Narayana (nar + aayena = evolved from water). Lord Shiva emerged on earth as 'Adinath' (the 1st Shivalinga located at Nepalthok) - in order to instruct Brahma and Bishnu (creator and preserver of this physical world). After receiving instruction, Brahma became 'Satyanath' and Bishnu became 'Santoshnath'. Again, when Lord Shiva instructed me (Krishna) for the restoration of world peace, I became Yadunath. All the 'naths' are the manifestation of Baba Gorakshanath in periodic action. Therefore, we call Shiva-Goraksha together because they are same supreme consciousness and we are guided from them.*

*Arjun: How to start spiritual journey?*

*Lord Krishna answers-*

***सर्वाणीन्द्रियकर्माणि प्राणकर्माणि चापरे |  
आत्मसंयमयोगाग्नौ जुह्वति ज्ञानदीपिते ||***

*Sarbani Indriya Karmani Prana Karmani Chapare*

*Aatma Samyam Yogagrau Juhawati Gyanadipite 4.27*

*The first step for spiritual journey is – the thirst to be with God. Surrender, thirst, purification of body and mind is inevitable to acquire self realization. Controlling mind and senses is equally important. For that vegetarian life is inevitable because Satvic bhojan (vegetarian food) purifies body- mind and consequently takes us for right action (satkarma). These days, all the people are engaged in money making, wine, meat, drugs, sex only which are the barrier for self realization. The four division of human life; Brahmachari (celibacy and student life), Grihastha (married life- engaged in works), Banarprastha (involvement in welfare activities) and Sanyasin (ascetic – hermitage life) is meant to become a perfect yogi. Every division of human life is of 25 yrs.*

*Arjun : How to control mind?*

*Lord Krishna answers –*

***अपाने जुह्वति प्राणं प्राणेऽपानं तथापरे | प्राणापानगती रुद्ध्वा प्राणायामपरायणा: || 29||  
अपरे नियताहारा: प्राणान्प्राणेषु जुह्वति | सर्वेऽप्येते यज्ञविदो यज्ञक्षपितकल्मषा: ||***

*Apane Juwati Pranam Pranepanam Tathapare*

*Pranapanagati Rudadhawa Pranayama Parayana*

*Apare Niyetahara: Pranan Pranesu Juhawati*

*Sarvesyate Yagyabido Yagyakshapitakalmasa 4.29*

*The best way to meditate is by observing owns breathe going in and out but as a second person. It makes you away from yourself. Practice Anulom-Vilom (alternate nostril breathing) and Kapalbhati (throwing air strongly from both nostrils) for inner engineering. This breathing exercise makes your mind calm, become free from chattering box because your thoughts are carried by prana (breathe) and breathing controls frolicsome senses.*

*A person definitely experience 'bliss' if he practice Pranayama regularly and follow the 'Panchashila' (the five moral codes of ethics; no cheating, stealing, no meat- wine, no gambling and no illicit love making). This is the first step for spiritual path. Then after, once illusion vanishes- you will start knowing yourself and co-existence. You will see everything are interconnected and part of the Supreme Lord. You start to see own personal presence in every breath, touch, taste, smell, move and behave human and dog equally. One who performs his duty with utmost devotion is unaffected by sinful action as a lotus leaf is untouched by muddy water. A perfect mystic is he / she whose aim is inward journey after experiencing material world. He attains peace from the pangs of material miseries. The sublime thing on earth is transcendental knowledge. You will taste nectar of spirituality and remain bliss every moment. You start enjoying pleasure within. Doubtful, faithless and ignorant person always suffers in this world and the next world too. Therefore, Arjun go for devotional service renouncing the fruits of actions. All doubts, ignorance should be slashed by the weapon of knowledge.*

***Chapter 5 Acting in Krishna Consciousness***

***संन्यासं कर्मणां कृष्ण पुनर्योगं च शंससि |  
यच्छ्रेय एतयोरेकं तन्मे ब्रूहि सुनिश्चितम् ||***

*Sanyasam Karmanam Krishna Punaryogam Cha Shansasi*

*Yachheya Yatayorekam Tanme Bruhi Sunischatam - 5 : 1*

*Arjun asks- "You praised the path of renunciation and you also advise to go for Karma yoga (work with devotion). I am confused with this equivocal instruction. Please tell me exactly which is more beneficial?"*

***संन्यास: कर्मयोगश्च नि:श्रेयसकरावुभौ |  
तयोस्तु कर्मसंन्यासात्कर्मयोगो विशिष्यते ||***

*Sanyasam Karmayogashcha Nishreyasa Karabubhau*

*Tayostu Karma Sanyasat Karmayogo Bishisyate - 5 : 2*

*The Supreme Lord says – "Karma Sanyas is for elevated soul- who discards social duties due to the complete absorption to God. A Karma yogi is a person who does both spiritual and social duties. Both the path of Karma Sanyas (renunciation of action) and Karma Yog (working in devotion) lead to the supreme goal. But, Karma Yog is more easy, practical and meaningful. A Karma Yogi neither desires nor hates anything. They have purified intellect and see the Souls of all souls in every living being. Karmayogi does not think "I am a doer, my every action is meant for the Creator (Aum Tat Sat) whatsoever is done". So, his action itself is considered as renunciation. A perfect Karma Sanyas is difficult to attain without Karma Yog too.*

***ब्रह्मण्याधाय कर्माणि सङ्गं त्यक्त्वा करोति य: |  
लिप्यते न स पापेन पद्मपत्रमिवाम्भसा ||***

*Brahmanyadhaya Karmani Sangam Tyaktwa Karoti Ya:*

*Lipyate Na Sa Papena Patrapatrami Wambhasa – 5 : 10*

*Those who dedicate their work abandoning all attachments shall remain untouched by sin just like a blooming lotus untouched from muddy water. While giving up attachments, Yogi perform every action with the fine tune of body - mind and soul aming for the self purification. Because Yogi understands that pursuing material desire is as futile as chasing mirage in the desert. A person gets entangles if he works with selfish motif (looking for the fruit of actions) but receives everlasting peace if he offers the result of his work too, to the God. The embodied being who is self-controlled and detached reside happily in the realm of nine gates (eyes, ears, mouth, nose, anus, pennis) because their every action becomes pooja. The omnipresent God does not involve Himself in sinful or virtuous deeds of anyone. Action itself is governed by the modes of nature (goodness- passion- darkness) and reaps fruits accordingly. Living entities is deluded because wisdom is covered by ignorance. If one can destroy ignorance through the divine wisdom will certainly reveal all the quests just like the Sun illuminates everything at daytime. He shall establish equality of vision in everything (not to see difference in cow, dog, plants, brids, humans etc) and enjoys every moments- pleasant or unpleasant both. For this, it requires trust and Surrender to the God.*

***Chapter 6 Meditation and Mystic Mind***

***Arjun: Who is a Yogi ?***

*Lord Krishna - "One can never become a yogi unless he renounces the desire for sense gratification. A Yogi is a person who is connected with higher consciousness, who lives in present moment 'now', who lives for the greater number of happiness and who enjoys both pain and pleasure equally.*

***जितात्मन: प्रशान्तस्य परमात्मा समाहित: |  
शीतोष्णसुखदु:खेषु तथा मानापमानयो: ||***

*Jitatmana: Prashantasya Parmatma Samahita:*

*Shitosna Sukhadukhesu Tatha Manapamanayo - 6 : 7*

*Frolicsome mind is the enemy for attaining peace. He attains tranquility, inner peace if he conquers mind. To such a person, happiness or distress, gain or loss, stone or gold, honor or dishonor is the same. And this situation is achieved by following the eight fold of Hatha-Yoga; Yama (self discipline), Niyama (devotion), Asana (Postures), Pranayama (breathing), Pratyahara (contentment), Dharna (concentration), Dhyana (meditation) and Samadhi (submerged with the divine light). It cannot be called ‘yoga’ if not followed all the eight limbs. Dhyan Yoga is about focusing to the supreme consciousness through Pranayama (breathing exercise), Satwic Bhojan (vegetarian food), Brahmacharya (Celibate life), and Satkarma (right action). These things are the base of Dhyan Yoga (meditation) so that you can keep your mind always cool and calm. Everything must be done in a balance; eating, sleeping, working too. Accumulation of something more than needed is a sin (bad Karma) - one must be satisfy with what they have. Otherwise, mind runs like a speedy horse in mountain meadows.*

***Arjun: How to meditate?***

*Lord Krishna answers-*

***यथा दीपो निवातस्थो नेङ्गते सोपमा स्मृता |  
योगिनो यतचित्तस्य युञ्जतो योगमात्मन:***

*Yatha Deepo Niwatastho Nengate Somapa Smrita*

*Yogino Yatchittasya Yunjato Yogmatmana: 6 : 19*

*Whose mind is controlled, remains always steady in his meditation just like a lamp in a windless place does not wave. People find difficulty to meditate because they engage in thoughts or try to stop thoughts. Remember that we cannot stop thoughts because the nature of mind is to think just like nose to smell, ear to hear, eye to see. So, you must flip yourself as a second person and observe your own thoughts, no reaction to thoughts. Accept it as if you are enjoying rain or a gentle breeze. Once you start accepting thoughts, immediately you enter into boundless transcendental happiness.*

***सर्वभूतस्थमात्मानं सर्वभूतानि चात्मनि |  
ईक्षते योगयुक्तात्मा सर्वत्र समदर्शन: ||***

*Sarba Bhutasthamatmanam Sarbabhutani Chatmani*

*Iikshate Yoga Yuktatma Sarbatra Samadarshan --- 6 : 29*

*A true Yogi observes Me in all beings and also seen every being in Me. He sees Supreme Lord everywhere because the Supreme consciousness 'Parmatma' is situated in every stones, plants, animals, human beings. Then, he starts uttering 'Shivoham' – I am Shiva or Shiva is within me. Before, he was in distress because of forgetfulness of his relationship with God, now he is with the divine ecstasy and enjoys more than the King. Gyan Yog (receiving wisdom) Bhakti Yog (devotional), Karma Yog (selfless action), Hatha Yog (alternate nostril breathing), makes a person – a perfect Yogi.*

***Arjun: How do I know that I am connected with Supreme Lord?***

*Lord Krishnasays: "O' Arjun, by practicing yoga-meditation in full consciousness- you can know me very well and free from all doubts. Different types of yoga are the steeping stones on the path of Krishna consciousness. Just think- how is your mysterious body functioning? Knowing yourself and natural phenomena will help you to understand Me.*

***मय्यासक्तमना: पार्थ योगं युञ्जन्मदाश्रय: |  
असंशयं समग्रं मां यथा ज्ञास्यसि तच्छृणु ||***

*Mathya Saktamana: Partha Yogam Yujjanmadashrya:*

*Asanshayam Samagra Mam Yatha Gyasyasi Tachchhrinu: 7 : 1*

*Earth, fire, water, air, ether, mind, intelligence and false ego are the 'Prakriti'- material energies of the Supreme Consciousness. One can find universal consciousness moving till the smallest particle of atoms. This material world is a temporary manifestation of one of the energies of the Lord. So, all the activities (cause and effect) of the material world are directed from the Supreme Lord- 'Purusa'. Panchabhuta (fire, air, water, ether, earth) is the basis of creation within which five senses (sight, sound, smell, touch, taste) is also included. These are the things that simple people can understand but not the transcendental world which is beyond physical touch. This is the reason why common people have false ego- 'I am ' and 'it is mine'. But, once you know the ultimate truth- you start saying "everything is within me and I am in everything. Great realization of oneness and co-existence occurs.*

***Arjun: Do we have free will?***

*Lord Krishna: O' Arjun, already you came to know that the cosmic manifestation has no power to act unless it is moved by the Supreme energy. Planetary movement and all the natural phenomena are directly controlled by the Supreme consciousness. Obviously, living entities are always controlled by the Lord- they have no independent existence. Just think, who created you? How is your mysterious body-mind functioning? Where were you before this life? How did you grow from a tiny sperm? Isn't this a miracle? Can you hold your breath or Stop heart beat? Definitely, you have no control at all- it is moved by the cosmic energy. Your thoughts depend on body Chakras and body Chakras are controlled by planetary movement. Therefore, there is no question of free will. Free will means that you can do whatever you want to do isn't it? Let's say- can you decide the children how many and when to give birth? Can you get apple by planting a potato? Can you stop from becoming old? Therefore, there is no free will at all. It looks like you think of and moves for action but what makes you to think is another thing. Life is full of questions- nobody can answer and death is the last answer, nobody can question it. Your own body does not belong to you- and need to accept whatsoever. You need to wake up in Sunrise and sleep at night. These natural phenomena are meant for healthy living, you cannot go against it. You have a choice to eat mango or cake but – you must eat for living. When the planets and nature is not free, how can you have free-will? We are just like a puppet tied in a string. Supreme Lord is the Creator, controller and destroyer too. Destroying is also inevitable for the new creation.*

***मत्त: परतरं नान्यत्किञ्चिदस्ति धनञ्जय |  
मयि सर्वमिदं प्रोतं सूत्रे मणिगणा इव ||***

*Matta: Parataram Nanyatkinchidasti Dhananjaya*

*Mayi Sarbamidam Protam Sutre Manigana Iwa – 7 : 7*

*O' Arjun, there is no superior truth than Me. Everything rests upon Me as pearls are strung on a thread. The Supreme consciousness in enshrined in every being. HE is the bigger of the biggest and smaller to the smallest- infinity in both end. Since the Supreme Lord is infinity it became difficult to understand by mind. Also, mind is meant for to live and experience life only. Existence of mind is beyond mind and words. Therefore, when mind itself cannot understand God then how is it possible to understand God by using 4% of our brain? HE must be felt and experienced. And, the presence of God is possible to be felt only after purification and self-realization.*

*Arjun: Where does the God reside then? How to find him?*

*Lord Krishna says- " O' Arjun, I am the taste of water, the light of the Sun and the Moon; I am the syllable 'Aum' in the Vedic mantras, I am the sound in ether and all ability in man / beauty in woman.*

***रसोऽहमप्सु कौन्तेय प्रभास्मि शशिसूर्ययो: |  
प्रणव: सर्ववेदेषु शब्द: खे पौरुषं नृषु ||***

*Rasohamapsu Kaunteya Prabhasmi Shashi Suryayo:*

*Pranawa: Sarba Vedesu Shabta: Khe Paurusa Nrishu 7 : 8*

*This verse explains how the Lord is pervasive by His diverse material and spiritual energy. The light of the Sun and the Moon is also originally from the 'Brahmajyoti' which is the impersonal effulgence of the Supreme Lord. Each and every sight, sound, smell, taste, touch is because of Him. God is inside the cream of the milk, fragrance of flower, coolness of breeze, coldness of ice and heat of fire. I am the strength of the strong and devoid of desire. Yes, HE is pervasive - enshrined in everything. HE is our breath and every palpitation of heart beat. We turn into corpse 'Shava' once the 'Shiva' life force leaves our body. The moment you are breathing, Shiva resides in you and the moment you stop breathing- you reside into HIM. You are alive because of His presence. Immediately you find God everywhere, the moment you know Him. The eye that God sees you and the eye which you see God is the same. God is the seed of all existence and root of all intelligence. So, where is not God?*

*I am sex life and vivacity. Everything manifested by my energy, yet I am independent from them. People's false ego, lust, greed, anger, ignorance does not let to understand Me. But those who have surrendered unto Me can easily cross beyond. Those who are passionate to be with Me only can find Me. Those who are engaged in pure devotional service, is dear to me. However, such great souls are rare. That whose intelligence has been stolen by material desires, surrender to demigods and the fruits they get is temporary. I am never manifested to the foolish and unintelligent people. Those people who have done good Karma in previous life only can see Me. People can see Me through Yog-dhyan (yoga-meditation) and Satkarma (right action).*

***Chapter 8 – Attainging the Supreme Lord***

***किं तद्ब्रह्म किमध्यात्मं किं कर्म पुरुषोत्तम |  
अधिभूतं च किं प्रोक्तमधिदैवं किमुच्यते ||***

*Kim Tad-Brahma Kim Dhyatmam Kim Karma Purusottam*

*Adhibhutam cha Kim Proktamdhidaiwam Kimuchyate – 8 : 1*

*Arjun questions- " O' my Lord, What is Brahma? What is the self? What are fruitful activities and what is the material manifestation?"*

***अक्षरं ब्रह्म परमं स्वभावोऽध्यात्ममुच्यते |  
भूतभावोद्भवकरो विसर्ग: कर्मसञ्ज्ञित: ||***

*Lord Krishna answeres-*

*Aksharam Brahma Param Swobhawo Adhyatamuchyate*

*Bhut Bhawodbhawakaro Bisarga Karmasangyita - 8 : 3*

*The indestructible, transcendental living entity is called Brahma and its eternal nature is called adhyatma- the self. My action performed in the material bodies of the living entities is called Karma. Brahma refers to the living entity and the Param-Brahma refers to the Supreme God. When the living entity is in material consciousness, he has to come on various bodies in the material world. This varied creation by the force of material consciousness is called 'Karma'. The living entity 'jivatma' perpetually comes and goes on the material path. For instance, energy transformation happening from rain to grain, food eaten by man and transformed into semen which impregnates a woman is a never ending life cycle. And, eternal fragmentation of God is in every living entity. The soul 'Aatma' is driving our life and Aatma is driven by the Supreme Soul (Param-Brahma).*

*The physical nature which is constantly changing is called Adhibhuta (the material manifestation). The universal form of the Lord which includes all the demigods; like those of the Sun, Moon, Planets, the five elements of nature, serpent energy etc is called 'adhidaiva'. And the Supreme-being enshrined in every embodied being is called 'adhiyagya' (The Lord of Sacrifice).*

*We know that the physical nature is constantly changing; they are born, they grow and they disappear. Creation and destruction both are inseparable parts for material world. The Supreme-Soul seated beside the individual Soul is the witness of every individual Soul which we call 'man ko hari'. The Supreme Soul witnesses his every activity just like a father observes a baby playing in the garden. Whosoever remembers Me at his last breathe chanting "Hare Ram – Hare Krishna' shall be always with Me.*

***सर्वद्वाराणि संयम्य मनो हृदि निरुध्य च |  
मूर्ध्न्याधायात्मन: प्राणमास्थितो योगधारणाम् ||***

*Sarvadwarani Samyamya Mano Hridi Nirudhyacha*

*Mudhnyardhayatmana Prana Masthito Yogdharanam 8 : 12*

*Detachment of all sensual pleasure is a perfect yogic situation. Vegetarian life and regular Pranayana is essential for the purification of body energy. Then, deep 'AUM' chanting remembering the divine light on forehead immediately takes towards spiritual realm. Mantra chanting "Hare Ram – Hare Krishna" is another tool to be away from our frolicsome mind. Surrender, Self devotion, Thankfulness, Purification and deep thirst to be with the God is required for the union to the Divine Soul. A pure devotee does not desire anything; material gain or spiritual realm. Just his / her pure devotion (Bhakti yog) provides inner peace. It is easy – anytime- anywhere; No more doe's and don’ts. Just utter the pious mantra "Hare Ram- Hare Krishna"*

***मामुपेत्य पुनर्जन्म दु:खालयमशाश्वतम् |  
नाप्नुवन्ति महात्मान: संसिद्धिं परमां गता: ||***

*Mamupetya Punarjanma Dukhalaya Masashwatam*

*Napnuwanti Mahatmana Sansiddhi Paramam Gata 8 : 15*

*After attaining Me, the devotional Yogis (pure souls) never return to this temporary world which is full of miseries. Those Yogis have attained the highest perfection. This world is full miseries; disease, loss, pain, old age, death. But those who reach my abode shall never take birth to this sorrowful world moving in the cycle of birth and death.*

***धूमो रात्रिस्तथा कृष्ण: षण्मासा दक्षिणायनम् |  
तत्र चान्द्रमसं ज्योतिर्योगी प्राप्य निवर्तते ||***

*Dhumo Ratrisththa Krishna Sanmasa Dakshinayanm*

*Tatra Chandamasam Jyotiryogi Prapya Nibartate - 8 : 25*

*The mystic, who passes away from this world during smoke, the night, the fortnight of the waning moon or the six months when the Sun passes to the south hemisphere, reaches the moon planet but again comes back on earth. But, those who passes during day light, in front of auspicious Yagya, fortnight of the waxing moon or the Sun travelling in the northern hemisphere, will reach spiritual realm and shall never take birth to this sorrowful world.*

*Therefore, dear Arjun- not to be bewildered as you are the chosen person, loved one and lucky person. You are escorted by me. Now, you should know that your spiritual path is guaranteed by devotional service. Make your life glorified beyond all penances, sacrifices and charities.*

***Chapter 9 The most confidential wisdom***

***राजविद्या राजगुह्यं पवित्रमिदमुत्तमम् |  
प्रत्यक्षावगमं धर्म्यं सुसुखं कर्तुमव्ययम् ||***

*Raj-Vidhya Raj Guhyam Pabitramidam Muttamama*

*Pratyakshyawagamam Dhamarya Susukham Kartumbyayam 9 : 2*

*Dear Arjun, this sort of spiritual wisdom is the king of education, the most secrets of all the secrets, purest knowledge as it gives clear perception of the self-realization. Yes, it is the perfection of religion. It is everlasting and joyful. I am imparting the most confidential wisdom as you are dearest and nearest to me. By giving water to the root of a tree one satisfies its branches, twigs and leaves. Similarly, by engaging in the transcendental service of the Supreme Lord one automatically satisfies all the demigods and all the living entities. Therefore, Arjun! Have faith upon My unmanifested form. All beings are in Me. but I am not in them. I am the source of every creation and the maintainer of all the living entities. I am not a part of cosmic manifestation- you know!*

***यथाकाशस्थितो नित्यं वायु: सर्वत्रगो महान् |  
तथा सर्वाणि भूतानि मत्स्थानीत्युपधारय ||***

*Yathakashsthito Nityam Vayu Sarbatrago Mahan*

*Tatha Sarvani Bhutani Matsthanityup Dharaya 9 : 6*

*Understand that the mighty wind blowing everywhere rests always in the sky. Similarly, all the created beings rest in Me. All the existing wonderful cosmic manifestations are here because of the Supreme God's will-power. Not even a leaf moves without the will of God. "Yat Kripa Tamaham Bande Paramananda Madhavam"*

*The Sun, Moon, planets, all the natural phenomena is happening according to the Supreme's will. He gives birth, time to bloom and wither too. Destruction is inevitable for the new creation just like we destroy bushes to make mustard / paddy fields. The activities of the different species of living beings are begun from the very moment of the creation. Men, animals, birds, and beasts- everything is simultaneously created. In course of time, annihilation is a must for the new creation too. Therefore, we come and go repeatedly in different form and duty according to our Karma (fruitive actions). And, God is the Supreme director of all our activities although He is aloof from all the activities of the material world. It is just like sky is aloof from mighty wind but the wind is resting in the sky.*

***अहं क्रतुरहं यज्ञ: स्वधाहमहमौषधम् |  
मन्त्रोऽहमहमेवाज्यमहमग्निरहं हुतम्* *||****Aham Kraturaham Yagya Swodhaham Hamausadham*

*Mantroham Hamewajyam Hamagniraham Hutam 9 : 16*

*I am the ritual, I am the sacrifice, I am the offering to ancestors; healing herbs, transcendental chant. I am the fire and oil of the Yagya (offering). I am always with my devotee. Just the foolish people do not understand my corporeal body because of his ignorance. It is exactly like a man cannot see beautiful mountain-view because of cloud chunks. I am the creation and annihilation- existence of everything. The resting place and eternal seed too. I am the pious mantra 'Aum', I am the Vedas- I am the father and mother of all the creatures.*

***त्रैविद्या मां सोमपा: पूतपापा, यज्ञैरिष्ट्वा स्वर्गतिं प्रार्थयन्ते |  
ते पुण्यमासाद्य सुरेन्द्रलोक, मश्नन्ति दिव्यान्दिवि देवभोगान् ||***

*Trai Vidhyamam Somapa Putapapa, Yagyairistwa Swargatim Prarthayante*

*Te Punyamasadha Surendralok, Mshnanti Dibyandivi Devabhogan 9 : 20*

*Veda is the book of lights or books of wisdom. That person who study Vedas and drink the nectar of Vedic wisdom becomes most purified Soul and rests upon Indralok- heaven of Lord Indra. They enjoy delights and eternal peace.*

***पत्रं पुष्पं फलं तोयं यो मे भक्त्या प्रयच्छति |  
तदहं भक्त्युपहृतमश्नामि प्रयतात्मन: ||***

*Patram Puspam Falam Toyam Yo Me Bhaktya Prayachhati*

*Tadaham Bhaktyupa Hritamasnami Prayatatmana 9 : 26*

*I will accept it even a leaf, a flower, a fruit, or water, - If someone offers Me with love and devotion. No need of lots of offering, money, jewelries. No need any qualification- just a pure devotion. May you remember while breathing, walking, working, eating and sleeping too. You cannot come to my realm as it is too far but just a word of your remembrance takes me with you. I am impartial to all but pure devotion brings closer to Me. One can offer me in a leaf plate too, what matters is his smile, sincerity and lovingness. Pure devotional service is the highest form of worshipping and the highest achievement of human beings.*

***Chapter 10 Wonderful Phenomena Shown by the God***

***भूय एव महाबाहो शृणु मे परमं वच: |  
यत्तेऽहं प्रीयमाणाय वक्ष्यामि हितकाम्यया ||***

*Bhuya Yeba Mahabaho Shrinu Me Paramam Wacha*

*Yatteham Priyamanaya Wakshami Hitakamyaya 10 : 1*

*The Blessed lord says to Arjun: "Listen again to my divine teachings. I am going to reveal all the secrets of wisdom as you are my dear friend and I can see deep thirst of spirituality in you."*

***महर्षय: सप्त पूर्वे चत्वारो मनवस्तथा |  
मद्भावा मानसा जाता येषां लोक इमा: प्रजा: ||***

*Maharsaya Sapta Purbe Chatwaro Manabastatha*

*Madwawa Manasa Jata Yesam Loka Ima Pragya 10 : 6*

*Lord Krishna says- Dear Arjun, each and every creation is created by my mind. The nine planets, five elements of nature, seven sages along with Manu (progenitors of mankind) is also my creation and all the living beings and planets descend from the energy of Sapta-Rishi (pleiadians) is also my creation.*

*Brahma is the original creature born out of the cosmic energy of the Supreme God- known as Hiranyagarbha. And, from Brahma all the seven sages, fourteen Manus, other four sages are manifested. Women were created long later realizing the inevitability of woman for continuity of human life. The five elements of nature 'Panchabhuta' (fire, air, water, earth and ether) were also inevitable for living beings and the God created 'Panchabhuta' as well. Therefore, I am the source of all spiritual and material worlds. Everything emanates from Me. Those who understand these things engage in devotional service and worship God with all their hearts.*

***परं ब्रह्म परं धाम पवित्रं परमं भवान् |  
पुरुषं शाश्वतं दिव्यमादिदेवमजं विभुम् ||   
आहुस्त्वामृषय: सर्वे देवर्षिर्नारदस्तथा |  
असितो देवलो व्यास: स्वयं चैव ब्रवीषि मे ||***

*Param Brahma Param Dham Pabitram Paramam Bhawan*

*Purusam Shaswatam Dibyamadi Devamajam Bibhum*

*Aahustwamrisya Sarve Devarsinar Dastatha*

*Asito Devalo Vyasa Swoyam Chaiwa Brabisi Me 10 : 12 / 13*

*Arjun says- So, you are the Supreme personality of God head, the ultimate abode, the purest, and the absolute truth. So you are the eternal, transcendental, the original person- the unborn and the greatest. All the great sages such as Narad, Asita Devala and Vyasa had confirmed this truth about you- and now you are confirming yourself- it is my fortune. O' Lord Krishna, I am so grateful to receive eternal wisdom directly from your mouth. I am very lucky man on earth.   
Now, I am completely free from all the doubts. I totally accept the truths all that you have told me. Arjun cheers up again uttering "you are Param Brahmah" because of ignorance demigods and humans think that they are independent but not at all. I understood that such wisdom can be realized after complete surrender and devotional activities.*

***कथं विद्यामहं योगिंस्त्वां सदा परिचिन्तयन् |  
केषु केषु च भावेषु चिन्त्योऽसि भगवन्मया ||***

*Katham Bidhyaham Yogistwam Sada Parichintayana*

*Kesu Kesu Cha Bhavesu Chintyoasi Bhagawanmaya 10 : 17*

*Now, Arjun is fully convinced but still he has few questions and Arjuna asks-*

*O' Lord Krishna, the supreme mystic, how shall I constantly think of you? How shall I know you? In what varies forms are you to be remembered? O' Supreme personality of God-head, please tell me. Also, please describe in detail about the mystic power. I want to taste more the nectar of your Vedic wisdom.*

***अहमात्मा गुडाकेश सर्वभूताशयस्थित: |  
अहमादिश्च मध्यं च भूतानामन्त एव च ||***

*Ahamatma Gudakesha Sarva Bhutashayasthita*

*Ahamadischa Madhyam Cha Bhutanamanta Eba Cha 10 : 20*

*Lord Krishna says- "My dear Arjun!, I am the super soul seated in the hearts of all the living entities. I am the beginning, the middle and the end of all beings. One can assume how my manifestation starts from a tiny drop of sperm to human life. Remember, life is not possible without My spiritual spark. The planetary movement and the existence of nature are impossible in absence of the Supreme Sun. Dear Arjun, understand that I am Lord Shiva, Vishnu, Brahma, the Vedas; the radiant Sun, Moon-beam, everything of the nature. In short, I am the living force (consciousness), time and conclusive truth. I am the giant Himalaya, sacred 'Aum', I am Ananta Naga (King of serpents) and the Lord of death 'Yama'. Among the daitya (demons) I am the devoted Prahlad, among beasts I am the Lion and among birds I am the Garuda. I am the wind and water, fragrance of flowers, among flowing rivers I am the Holy Ganga starting to flow from the holy Mt. Machhapuchhre (Fishtail). In short, I am the essence of entire existence.*

*God is seated within our soul. Seated inside, He grants the power of consciousness and eternality to the soul. If we become foolish and try to deduct the consciousness, we will be perished.*

***Chapter 11 - Universal Form of the Divine Soul***

***मदनुग्रहाय परमं गुह्यमध्यात्मसञ्ज्ञितम् |  
यत्त्वयोक्तं वचस्तेन मोहोऽयं विगतो मम ||***

*Madanu Grahaya Paramam Guhyamadhyatma Sangyitam*

*Yattwoyoktam Wachastena Mohoyam Bigato Mama 11 : 1*

*Arjun says- O' Lord Krishna, I received most valuable spiritual talk. Now, I do not have any illusions at all. You are not mere a human being. I understand that you are the cause of all the causes; even the cause of Maha Bishnu from whom the material universe emanates. But again I want to know – how you entered into cosmic manifestation? Please!*

***पश्य मे पार्थ रूपाणि शतशोऽथ सहस्रश: |  
नानाविधानि दिव्यानि नानावर्णाकृतीनि च ||***

*Pasya Me Partha Rupani Shatasoath Sahasrash*

*Nanabidhani Dibyani Nanabarnakritani Cha 11 : .5*

*Lord Krishna says- "Dear Arjun, now see my opulence, hundreds of thousands of varied divine and multicolored forms."*

*In fact, Arjun wants to see Lord Krishna's universal form. So, Lord Krishna shows different manifestation of Adityas, Vasus, Rudras, Ashwani Kumar and all the Demigods. Such forms cannot be seen by our physical eyes. Therefore, Lord Krishna opens the third eye of Arjun to see beyond the material world. Then, Arjun sees the universal form of Lord Krishna- unlimited eyes, mouths, hands, celestial ornaments, and everything expanding wonderful visions. The radiance is so bright as if hundreds of Suns appeared in the Sky. Arjun becomes speechless, astonish and bows his head in front of the Supreme Lord.*

***पश्यामि देवांस्तव देव देहे, सर्वांस्तथा भूतविशेषसङ्घान् |  
ब्रह्माणमीशं कमलासनस्थ-, मृषींश्च सर्वानुरगांश्च दिव्यान् ||***

*Pasyami Dewamstawa Deva Dehe, Sarwastatha Bhuta Bishesa Sanghana*

*Brahmanmisham Kamal Aasansta, Mrirsishcha Sarwanur Gamscha Divyan 11 : 15*

*Arjun said: My Dear Lord Krishna, I see all the demigods and various other living entities. I see Lord Shiva, Brahma sitting on the lotus flower as well as all the sages and divine serpents around.*

*Arjun sees Brahma, the celestial serpent 'Ananta Nag'-the first creature of this universe. All the demigods were chanting mantra and praying in front of Narayan (Lord Krishna). He sees all the people, Kings, warriors rushing as the river rushes into an ocean or moths move around fire. Able to watch wonderful celestial world was possible by the grace of the Supreme Lord Krishna as He had opened Arjun's third eye. Therefore, Arjun starts to praise the eternal glory of Lord Krishna and tells that he is ready to do any kind of duty given by Lord Krishna.*

***कालोऽस्मि लोकक्षयकृत्प्रवृद्धो, लोकान्समाहर्तुमिह प्रवृत्त: |  
ऋतेऽपि त्वां न भविष्यन्ति सर्वे, येऽवस्थिता: प्रत्यनीकेषु योधा: ||***

*Kaloaasmi Lokakshya Kritprabriddho, Lokansa Mahartumiha Prabritta*

*Rhiteapi Twam Na Bhabisyanti Sarve, Yewastitha Pratyanikesu Yodha 11 : 32*

*Lord Krishna says- Dear Arjun, now you should have clearly understood that I am the time and the destroyer of the world. But I destroy for the new creation just like a farmer destroys bushes, burns useless things and prepares the land for mustard cultivation. Now, you need to fight for the justice and world peace. All the soldiers will be slain except the five Pandavas as you are the defender of truth. I am supporting your brothers, so definitely you will have victory and will enjoy Kingdom. Restoration of world peace (rescuing my devotees) is my main mission of now.*

***अजानता महिमानं तवेदं  
मया प्रमादात्प्रणयेन वापि ||***

*Agyanata Mahimanam Tabedam*

*Maya Pramadatpranayena Wapi 11 : 41*

*Arjun says- "O' Lord Krishna, please forgive me for my ignorance. How mad I was for love to relatives and material world. Excuse me for dishonoring you many times thinking just as a friend.- human being. Now, you gave me the Vedic instruction to Brahman and presently you are providing the universal wisdom. May you forgive me as a father does to his dearest son's wrong doings. Now I am awake- no more things left to know. I am so grateful.*

***न वेदयज्ञाध्ययनैर्न दानै-, र्न च क्रियाभिर्न तपोभिरुग्रै: |  
एवंरूप: शक्य अहं नृलोके, द्रष्टुं त्वदन्येन कुरुप्रवीर ||***

*Naveda Yagyadhyaya Nairna Danai, Na Cha Kriyabhirna Tapobhirugrai*

*Ebam Rupa Shkya Aham Nriloke, Drastum Twadanyena Kuru Prabira 11 : 48*

*Lord Krishna: O' warrior Arjun, no one before you has seen this universal form of mine. I am not easily be seen even by Vedas study or chanting mantras or performing sacrifice (Yagyas). You are the luckiest person to see the scene beyond the material world. Again with a tranquil mind you can see my cosmic manifestation again when you desire as I opened your third eye. Now, devotee, be free from all the delusions and disturbances. He who engages in pure devotional service attaining the supreme goal of life- can certainly comes to Me.*

***Note:*** *Sanjaya has been narrating all the things (happening in-between Lord Krishna and Arjun) to the blind King Dhritarastra (father of 100 nischevious Kauravas) sitting 100 km away.*

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***Chapter 12 Involvement in Devotional Service***

***एवं सततयुक्ता ये भक्तास्त्वां पर्युपासते |  
ये चाप्यक्षरमव्यक्तं तेषां के योगवित्तमा: ||***

*Ebam Satatayukta Ye Bhaktastwa Paryupasate*

*Ye Chapyakshara Mabyaktam Tesam Ke Yogabittama 12 : 1*

*Arjun asks- "Which is more perfect to engage, devotional service or to worship impersonal Brahma (the unmanifested)?*

*Lord Krishna answers -*

***मय्यावेश्य मनो ये मां नित्ययुक्ता उपासते |  
श्रद्धया परयोपेतास्ते मे युक्ततमा मता: ||***

*Mayyawesya Mano Ye Mam Nityayukta Upasate*

*Shradaya Parayope Taste Me Yuktatama Mata 12 : 2*

*Those who concentrate upon Me with faith, pure devotional services are considered to be most perfect. Because devotional service is the most easiest and direct means to reach to the God. Usually, people meditate on the impersonal Brahmajyoti which is beyond the reach of senses (not manifested) and that becomes difficult to connect with the Divine God. First of all, a devotee must be free from false ego, fear, lust, anger, greed. He must be satisfied, self-controlled. Who enjoy both happiness and distress equally can easily find Me.*

*This chapter describes about Bhakti-Yog (devotional service). One can remember Lord Krishna while eating, sitting, walking but keep on uttering "Hare Ram- Hare Krishna" till before sleep. This makes a person direct touch to the Divine soul.*

***Chapter 13 The Nature, Consciousness and Matter***

***प्रकृतिं पुरुषं चैव क्षेत्रं क्षेत्रज्ञमेव च |  
एतद्वेदितुमिच्छामि ज्ञानं ज्ञेयं च केशव ||***

*Prakritim Purusham Chaiwa Kshetam Kshetragyamewa Cha*

*Eta Daweditu Michchhami Gyanam Gyayam Cha Keshava 13 : 1*

*Arjun says, "O' my dear Krishna, I wish to know about prakriti (nature), Purusha (the enjoyer- consciousness) also the field of knower, knowledge and the object of knowledge. Please !*

***इदं शरीरं कौन्तेय क्षेत्रमित्यभिधीयते |  
एतद्यो वेत्ति तं प्राहु: क्षेत्रज्ञ इति तद्विद: ||***

*Idam Sariram Kaunteya Kshetramityabhi Dhiyate*

*Etaddho Beti Tam Prahu Kshetraygya Iti Tadwida 13 : 2*

*Lord Krishna says: "This body is called the field and who knows this body is called the knower of the field. This body is the field of activity for the conditional soul which is entrapped in material existence. Our body is made up of 'Pancha Bhutas'- the five elements of the nature (air, water, earth, fire, ether) and driven by senses / mind. And, it is alive because of consciousness- the divine light within us and Prana – the Shiva Shakti breathing force. Our body is the field to experience and cultivate life just like a farmers yield crop in the field. Our body changes from childhood to youth to old age. The body (field) does not know that change is happening but the person who owns the body knows that the body is changing. Hence, the body is different than the knower. We are not this body at all but residing / renting this body as an apartment for some time. Understanding the mechanism of this body and the difference between body, mind and soul is the main object of spirituality. Ability to understand the body and its knower is 'Aatmagyan' - the true wisdom. For this, one has to understand the position of Prakriti (nature), Purush (enjoyer) and Ishwor (God) – the knower who controls nature and every individual soul. It is just like colors, painting and painter.*

*The five elements of nature, false ego, intelligence, five senses, mind, desire, hatred, happiness, distress and convictions – all these are considered to be the field of activities / interactions in the gross body. The 24 elements have made the complete material existence including mind, consciousness and the soul.*

*5 elements – fire, water, earth, air, ether*

*5 senses – eyes, ears, nose, tongue, skin*

*5 objects of the senses- smell, taste, touch, sight, sound*

*3 Guna - Satagun, Rajagun, Tamogun*

*3 Dosh – Kapha, Pitta, Vatha*

*3 Inner beings - Mind, Consciousness and Soul*

*The living symptoms represented by consciousness and conviction are the manifestation of subtle body-mind, ego, intelligence. These subtle elements are also included within the field of activities. The body is the field representation of all these factors- so the body changes from womb to tomb.*

*The embodied soul is entrapped by the body which is a casing made of the twenty four elements as described before. And, the process of wisdom starts from 'Bhakti-Yog' devotional service. So that, one can understand- simplicity, purification process, non-violence, tolerance, steadiness, self-control, indifference, entanglement with family and this material world. Only then, one will attain 'The Great Realization'- know the absolute truth.*

***ज्ञेयं यत्तत्प्रवक्ष्यामि यज्ज्ञात्वामृतमश्रुते |  
अनादिमत्परं ब्रह्म न सत्तन्नासदुच्यते ||***

*Gyayam Yattatprawakshyami Yajgyatwa Mritamashrute*

*Anadi Matparam Brahma Na Sattanna Saduchyate 13 : 13*

*I shall explain the knowable knowing which will give you a taste of eternal Brahma. The Supreme Soul (Brahma) has no beginning and no end. It lies beyond the cause and effect of this material world. But the super soul exists everywhere- pervading everything as the Sun exists diffusing its unlimited rays in the universe.*

***सर्वेन्द्रियगुणाभासं सर्वेन्द्रियविवर्जितम् |  
असक्तं सर्वभृच्चैव निर्गुणं गुणभोक्तृ च ||***

*Sarvendriya Gunabhasam Sarvyandriyawi Barjitam*

*Asaktam Sarba Bhrichchaiwa Nirgunm Gunabhoktri cha 13: 14*

*The super soul is the original sources of all the senses, yet he is without senses. He is unattached, yet he is pervasive in every living beings. He transcendent the mode of nature and he is the master / maintainer of all the modes of material nature. The supreme soul is situated in everybody's heart as the supreme controller. Nature is said to be the cause of all the material causes and effects whereas the living entity (Supreme Soul) is the cause of various sufferings and enjoyments in this world. The actual seer is he /she who can differentiate the mysterious mechanism of human body. It is exactly like a baby inside a mother's womb. The baby is getting food, respiration, life force from the navel attached to mother's womb. He comes from the same source, yet the baby is a different body from mother.*

***यथा प्रकाशयत्येक: कृत्स्नं लोकमिमं रवि: |  
क्षेत्रं क्षेत्री तथा कृत्स्नं प्रकाशयति भारत ||***

*Yatha Prakasha Yatyeka Kritsnam Lokamimam Rabi*

*Kshetram Kshetri tatha Kritsnam Prakashayati Bharat 13: 33*

*As the Sun illuminates entire universe, so does the living entity (soul) illuminates entire body by consciousness. As light is the proof of the presence of the Sun, consciousness is the proof of the presence of the Soul. There is consciousness all over our body when soul is present in the body. And as soon as the soul escapes from the body there is no more consciousness- a person is fully dead. Knowing such thing make a person wise and can proceed towards liberation.*

***Chapter 14 - The 3 Modes of Material Nature***

***परं भूय: प्रवक्ष्यामि ज्ञानानां ज्ञानमुत्तमम् |  
यज्ज्ञात्वा मुनय: सर्वे परां सिद्धिमितो गता: ||***

*Param Bhuya Prawakshyami gyananam Gyanamuttamam*

*Yajgyatwa Munaya Sarbe Param Siddhimito Gata - 14 : 1*

*Lord Krishna says: " Dear Arjun, again I shall teach the supreme wisdom (the best of all knowledge) knowing which all the sages have attained the supreme perfection. The living entity is entangled in this world due to the three modes of material nature. I shall tell you the process of liberation- I am here to enlighten you, so that you will not be disturbed by any mundane circumstances.*

***मम योनिर्महद् ब्रह्म तस्मिन्गर्भं दधाम्यहम् |  
सम्भव: सर्वभूतानां ततो भवति भारत ||***

*Mama Yonirmahada Brahma Tasmingarbha Dadhamyaham*

*Sambhaba Sarba Bhutanam Tato Bhawati Bharat 14 : 3*

*Brahma is the source of every creation but it is that Brahma I impregnate making possible the births of all living being or the combination of body and the soul has made living life. But the supreme consciousness (mahatatwa) is the main cause of cosmic manifestation. For an example, butterfly lay eggs on flower leaves and sometimes said that butterflies is born out of leaves. But, indeed leaf is not the cause of butterflies' birth. Actually, the eggs were laid by mother on leaves. Similarly, material nature is not the cause of the birth of the living entities. The seed is given by the Supreme consciousness and they only seem to come out as products of material nature. We come out from mother's womb but it is not that mother created us. She nurtured inside womb after receiving the seed from Supreme consciousness. Hence, the Lord is the cause of all the manifestations of living entities in this material world. We take birth in different body, enjoy life or suffer according to our past life deeds.*

***सत्त्वं रजस्तम इति गुणा: प्रकृतिसम्भवा: |  
निबध्नन्ति महाबाहो देहे देहिनमव्ययम् ||***

*Sattwam Rajastam Iti Guna Prakritisambhawa*

*Nibadhnanti Mahabaho Dehe Dehina Mabyayam 14 : 5*

*Material nature consists of three modes- goodness (satagun), Passion (rajagun) and ignorance (tamagun). And, the living entity is conditioned by these modes when comes in contact with the nature. The mode of goodness (satgun) is full of positivity, purity, humanity, morality, dutiful and conditioned by the sense of happiness and wisdom. A satgun person always thinks for the greater number of happiness. He is not entangled with ego, fear, lust, greed, anger and attachment. It is vibrant in blue color.*

***रजो रागात्मकं विद्धि तृष्णासङ्गसमुद्भवम् |  
तन्निबध्नाति कौन्तेय कर्मसङ्गेन देहिनम् ||***

*Rajo Ragatmakam Bridhha Trisnasanga Samudbhawam*

*Tanni Badhnati Kaunteya Karmasangena Dehinam 14 : 7*

*The mode of passion (rajgun) comes from unlimited desire, cravings. Passionate for love, sex, wealth, status, material luxury living, food etc. When the mode of passion is increased, one develops the hankering for material enjoyment only. In fact, the whole world is more or less in the mode of passion. Oily- spicy- sour food, meat, chemical used food makes a person more passionate and he/she loves to dress up red / orange color.*

***तमस्त्वज्ञानजं विद्धि मोहनं सर्वदेहिनाम् |  
प्रमादालस्यनिद्राभिस्तन्निबध्नाति भारत ||***

*Tamastwagyanajam Bridhhi Mohanam Sarbadehinam*

*Pramadalasya Nindra Bhistanni Badhnati Bharat 14 : 8*

*O' Dear Arjun, son of Bharat- the mode of darkness (tamagun) comes from ignorance and delusion. The result of the mode of ignorance is madness, sleep, ego, anger, lust, attachment which bind the conditioned soul. "What we eat- we are". Meat, alcohol, tobacco, drugs, chemical food stuffs, spicy food makes a person tamoguni (ignorant). Such food is called 'tamasibhojan' or devil's food because it damages our health and also a person becomes just like devil after having such food. Humanity, love, forgiveness, thankfulness gets blocked if taken Tamasi bhojan. Everybody knows that the mode of ignorance make a person mad and he/ she is unable to understand what is right and what is wrong. He is unaware of spiritual phenomena- just loves to eat meat, smoke, enjoy drinking alcohol and wears grey / black dress up.*

*Hence, a person in the mode of goodness is satisfied with what he has, enjoys work, thinks positive, becomes thankful to the God and seeks intellectual wisdom. A man in the mode of passion engages himself in material accumulation, love making, money, sex, power, building status only. He does not know that earning money is like drinking salty water, the more you drink the more you feel thirsty. And, the mode of ignorance covers knowledge, so whatever he does is neither good for him nor to others. He is aggressive, engages in vulgar and destructive works. Stupidity rules over his every action.*

*Every human-being inherit these three modes of nature. It is we to cultivate such modes of nature and make the life accordingly. There is always competition for supremacy among these three modes of nature. The prominence of some certain mode of nature is manifested in one's dealing, in his activities, in eating, in behavior, as well. However, one can develop the mode of goodness (satgun) by practicing yoga-meditation and living a vegetarian life. As a result passion and ignorance is easily defeated. The mode of goodness comes only after the purification of body-mind- soul and understanding the Vedic teachings. After that, one becomes clean inside and outside- every cell becomes aware and inner happiness / peace starts overflowing in the mode of goodness.*

***यदा सत्त्वे प्रवृद्धे तु प्रलयं याति देहभृत् |  
तदोत्तमविदां लोकानमलान्प्रतिपद्यते***

*Yada Sattwa Prabridhhe Tu Pralayam Yati Dehabhrita*

*Tadottamabidam Lokana Malanprati Pradhate 14 : 14*

*When one dies in the mode of goodness (satgun), he achieves pure cosmic realm of the great sages. When one dies in the mode of passion (rajagun), he takes rebirth on earth again and again in order to fulfill his desire. And, one takes birth in the animal kingdom or hell if he dies in the mode of ignorance (tamagun). Therefore dear Arjun, qualifying ourselves to be in the cosmic realm with great sages is one of the supreme aims of life.*

*Also understand that the result of any action done in the mode of goodness becomes pure. Action done in the mode of passion results in misery and action performed in the mode of ignorance results in foolishness- troublesome. As far as the mode of ignorance is concerned, the performer without knowledge and his action brings misery now and enters into animal world after death. In human society, if one kills a man he has to be hanged or enter inside a prison. Similarly, the animal killer does not know that in the future the animal will have the body suitable to kill them. This is the law of nature. Sooner or later one has to pay for it. God has supplied so many nice things to eat and indulgence in killing animals just for the taste of tongue is the great ignorance- very bad Karma.*

*Therefore dear Arjun, one who understands the three mode of nature nicely and practices to develop goodness through purification of the self and yoga-meditation will be free from the cycle of birth –old age- misery- disease- distress and death. He can enjoy the nectar of bliss in this life too.*

***कैर्लिङ्गैस्त्रीन्गुणानेतानतीतो भवति प्रभो |  
किमाचार: कथं चैतांस्त्रीन्गुणानतिवर्तते ||***

*Kairlinggai Stringuna Netanatito Bhawati Prabho*

*Kimachar Katham Chaitastringuna Natiwartate 14 : 21*

*Arjun inquires: O' my dear Lord, what is the symptom to know who is transcendental to these three modes? What is his behavior and what are the ways to transcendent the modes of nature?*

***प्रकाशं च प्रवृत्तिं च मोहमेव च पाण्डव | न द्वेष्टि सम्प्रवृत्तानि न निवृत्तानि काङ् क्षति ||   
उदासीनवदासीनो गुणैर्यो न विचाल्यते | गुणा वर्तन्त इत्येवं योऽवतिष्ठति नेङ्गते ||***

***समदु:खसुख: स्वस्थ: समलोष्टाश्मकाञ्चन: | तुल्यप्रियाप्रियो धीरस्तुल्यनिन्दात्मसंस्तुति: ||   
मानापमानयोस्तुल्यस्तुल्यो मित्रारिपक्षयो: | सर्वारम्भपरित्यागी गुणातीत: स उच्यते ||***

*Prakasam Cha Prabritim Cha Mohamewa Cha Pandava, Na Dawesti Samprabritani Na Nibritani Kankshati*

*Udasina Wadasino Gunairyo Na Bichalayete, Guna Wartanta Ityewam Yoawatisthati Nengate*

*Samadukha Sukha Swaostha Samalostashma Kanchana, Tulyapriya Priyo Dhirastulya Nindatma Sastuti*

*Manapaman Yostulyastulyo Mitraripakshyo, Sarwarambha Parityagi Gunatita Sa Uchayate 14 : 22/23/24/25*

*Lord Krishna answers: "O' dear Arjun, he who is free from fear, ego, anger, attachment, lust, greed, material craving, undisturbed by loosing or gaining; who is situated in the self and regards alike happiness and distress; who enjoy both pain and pleasure equally, who treats friend and enemy equally, who remains steady in praise and blame too- such a person is said to have transcended the mode of nature. He is always thankful to the God and His creation. Always has positive thoughts and lives for the greater number of happiness. He is always calm, shows serene behavior, loyal to all, dutiful, and committed for a purposeful life.*

*One who engages himself fully in devotional activities in all circumstance, who is purified in body-mind-soul, who is surrendered to Almighty God and focuses on Karma Yog- at once he transcends the modes of material nature and reaches to the level of Brahma (pure consciousness) which is eternal and the ultimate bliss.*

***Chapter 15 - The Yoga of the Supreme Personality***

***ऊर्ध्वमूलमध:शाखमश्वत्थं प्राहुरव्ययम् |  
छन्दांसि यस्य पर्णानि यस्तं वेद स वेदवित् ||***

*"Urdhamulamadha Shakhamaswattham Prahurabyayam*

*Chhandasi Yasya Parnani Yastam Veda Sa Vedawita " 15 : 1*

*Lord Krishna says, Imperishable Peepal tree has roots upward and its branches down and leaves are the Vedic hymns. One who knows this tree is the knower of the Vedas.*

*It means that the root of material existence grows upward. The whole universe is expanded with so many branches which are planetary systems and those branches are nourished by the three mode of nature (goodness-passion and ignorance), our ten senses are twigs. The living entity is conditioned by the eternal fragmentation of God and struggling very hard with the six senses which include mind too. The tree has no beginning and no end.*

***श्रोत्रं चक्षु: स्पर्शनं च रसनं घ्राणमेव च |  
अधिष्ठाय मनश्चायं विषयानुपसेवते ||***

*Shrotram Chakshu Sparshanam Cha Rasanam Ghranamewa Cha*

*Adhisthaya Manashchayam Bisayanu Pasewate - 15 : 9*

*The living entity (Jivatma) obtains a certain type of body, ear, eye, tongue, nose and has different way of using senses (sight, sound, touch, taste, smell) for enjoyment. However, a person cannot understand such things unless he is trained in Vedic wisdom. The purpose of Vedic wisdom is to detach oneself from the entanglement of the material world and to understand the supreme personality of Godhead and engage in His devotional service. Vedic teaching makes a person well cultured, discipline in every aspects so that life becomes a benediction.*

***यदादित्यगतं तेजो जगद्भासयतेऽखिलम् |  
यच्चन्द्रमसि यच्चाग्नौ तत्तेजो विद्धि मामकम् ||***

*Yeda Adityagatam Tejo Jagadbhasayate Aakhilam*

*Yachchandramasi Yachchagnau Tattejo Biddhi Mamakam 15 : 12*

*The splendor of the Sun, which dissipates the darkness of this whole world, comes from Me. Sun is connected to aatma (soul) and Moon is connected to mind which is the base of existence. Without the mercy of the God, Sun cannot shine and moon cannot throw its tender moonbeam. Obviously, there would be no elements of the nature and no existence of plants, animals, humans and all the creatures.*

***गामाविश्य च भूतानि धारयाम्यहमोजसा |  
पुष्णामि चौषधी: सर्वा: सोमो भूत्वा रसात्मक: ||***

*Gamabishya Cha Bhutani Dharayamya Hamojasa*

*Pusnami Chausadhi Sarwa Somo Bhutwa Rasatmak 15 : 13*

*I enter into each planet and they are moving on its own orbit by my energy. Similarly, I become the moon and supply juice to all plants/ vegetable, thoughts to humans. Consciousness and nourishment is provided by Me in each and everything in the world.*

***अहं वैश्वानरो भूत्वा प्राणिनां देहमाश्रित: |  
प्राणापानसमायुक्त: पचाम्यन्नं चतुर्विधम् ||***

*Aham Baishwanaro Bhutwa Praninam Dehamashrita*

*Pran Apana Samayukta Pachamyannam Chaturbidham 15 : 14*

*I am the fire to digest in the body and vital air force (prana) providing respiration for life. The fire (Jatharagni) and air force going in and out is inevitable for digestive process and to keep life alive. Therefore, I am the life giver.*

***सर्वस्य चाहं हृदि सन्निविष्टो, मत्त: स्मृतिर्ज्ञानमपोहनं च |  
वेदैश्च सर्वैरहमेव वेद्यो, वेदान्तकृद्वेदविदेव चाहम् ||***

*Sarwasya Chaham Hridi Sanni Bisto, Matta Smritirgyanam Pohanam Cha*

*Vedaishcha Sarvairahamewa Vedhho, Vedanta Kridaveda Bidewa Chaham 15 : 15*

*I am seated in everyone's heart- the palpitation come from Me. Remembrance, knowledge and forgetfulness also come from Me. I am the source of wisdom (Vedas), I have compiled the Vedas in order to understand life and the world and live a peaceful life. In the material world, every material being is fallible (Jiva bhuta)- separated from super soul. They undergo with six changes- birth, growth, duration, reproduction, dwindling and vanishing. These are the changes of material body whereas living entity is called infallible in the spiritual world. The living entity exists in oneness in spiritual world. There is no birth, no death just a spark of consciousness which moves from one body to another according to the law of Karma. Thus, the Supreme Lord is maintaining the material and spiritual world both.*

***इति गुह्यतमं शास्त्रमिदमुक्तं मयानघ |  
एतद्बुद्ध्वा बुद्धिमान्स्यात्कृतकृत्यश्च भारत ||***

*Iti Guhyatamam Shastramida Muktam Mayanagha*

*Yatad Buddhwa Buddhimansyatkrit Krityashcha Bharat 15 : 20*

*Therefore dear Arjun, this is the most confidential wisdom of Vedic scripture. It is disclosed now by Me - Whoever understands this will become wise as he knows the perfection and can differentiate material and spiritual matters. Once he understands Me, he will engage in devotional services. Whenever devotional service exists the material contamination cannot co-exists. Bhaktiyog (devotional service) is the easiest way to connect with Me. Just utter "Hare Ram Hare Krishna".*

***Chapter 16 - The Divine and Demonic Nature***

***अभयं सत्त्वसंशुद्धिर्ज्ञानयोगव्यवस्थिति: | दानं दमश्च यज्ञश्च स्वाध्यायस्तप आर्जवम् ||   
अहिंसा सत्यमक्रोधस्त्याग: शान्तिरपैशुनम् | दया भूतेष्वलोलुप्त्वं मार्दवं ह्रीरचापलम् ||   
तेज: क्षमा धृति: शौचमद्रोहोनातिमानिता | भवन्ति सम्पदं दैवीमभिजातस्य भारत ||***

*Abhayam Sattwasam Shudhhirgyanayoga Byawastiti, Danam Damashcha Yagyashcha Swadhyayastapa Aarjawam*

*Ahinsa Satyam Krodhstyaga Shanti Rapaishnunam, Daya bhuteswa Loluptwam Mardawam Hrirchapalam*

*Teja Kshama Ghriti Shauchmadroho Natimanita, Bhawanti Sampadam Daibi Mabhijatasya Bharat 16 : 1. 2. 3*

*Giving further wise words Lord Krishna says- "Thankfulness, simplicity, modesty, forgiveness, cleanliness, fearlessness, vigor, purification of the self, cultivation of spiritual wisdom, non-violence, truthfulness and free from ego –lust- greed- anger, attachment are the transcendental qualities. He is referred as a true human being with divine nature.*

***प्रवृत्तिं च निवृत्तिं च जना न विदुरासुरा: |  
न शौचं नापि चाचारो न सत्यं तेषु विद्यते ||***

*Prabritim cha Nibrittim cha Jana Na Bidurasura*

*Na Shoucham Napi Chacharo Na Satyam Tesu Bidhate 16 : 7*

*A person having demonic qualities do not know his duty and he is far away from truthfulness. Tamasibhojan (eating meat, drinking alcohol and smoking) makes a person of devil nature. None of the above qualities is found in demonic nature. He just thinks himself and enjoys for torturing others. They do not believe in God and always desire for money, sex, power, material accumulation. Definitely, they do not find Me and they fall into hell.*

***त्रिविधं नरकस्येदं द्वारं नाशनमात्मन: |  
काम: क्रोधस्तथा लोभस्तस्मादेतत्त्रयं त्यजेत् ||***

*Tribidham Narakasyedam Dwaram Nasha Namatmana*

*Kama Krodhstatha Lobhastasma Detattrayam Tyajeta 16 : 21*

*Lust, anger and greed are the three gates which lead to hell. Therefore, every humans should give up these hell gates otherwise be ready to destroy own life. As told earlier ego- lust- greed- anger- fear- attachment is the main enemy / barrier for liberation. Excessive lust transfers into anger and all we know that anger is the short madness – cause of self destruction.*

***य: शास्त्रविधिमुत्सृज्य वर्तते कामकारत: |  
न स सिद्धिमवाप्नोति न सुखं न परां गतिम् ||***

*Yah Shastra Bidhimutshrijya Bartate Kamakarata*

*Na Sa Siddhi Mawapnoti Na Sukham Na Param Gatim 16 : 23*

*He who does not follow Vedic scriptural rules and acts according to his / her whims attain neither perfection nor the real happiness nor the supreme destination. The human life is meant for purifying ones existence, experience life, repay Karma and attain salvation. To know one's duty and responsibility one must study Vedic scriptures.*

***Chapter 17 - The Division of Faith***

***ये शास्त्रविधिमुत्सृज्य यजन्ते श्रद्धयान्विता: |  
तेषां निष्ठा तु का कृष्ण सत्त्वमाहो रजस्तम: ||***

*Ye Shastrabidhi Mutsrijya Yajante Shrddhayanwita*

*Tesham Nista Tu Ka Krishna Sattwamaho Rajastama 17 : 1*

*Arjun questions: "What happens when one does not follow scriptural rules but worship in their own imagination? Will they be in the mode of goodness- passion or ignorance?*

***त्रिविधा भवति श्रद्धा देहिनां सा स्वभावजा |  
सात्त्विकी राजसी चैव तामसी चेति तां शृणु ||***

*Tribidha Bhawati Shradhha Dehinam Sa Swabhawaja*

*Satwiki Rajasi Chaiwa Tamasi Cheti Tam Shrunu 17 : 2*

*Lord Krishna answers:*

*One's faith can be of three kinds – in goodness (Satwik), in passion (Rajasi) or in ignorance (tamasi) according to the mode of nature. Blind faith does not leads to perfection rather entangles in sheer confusion. One has to study Vedic wisdom carefully and the level of intelligence elevates to goodness. A person will have no faith in God who is in the mode of ignorance (Tamaguni). Therefore, purification of the self through living a vegetarian life is the first step. They need to follow Panchashila (the five moral codes of ethics- no cheating, no killing, no wine, no meant, no gambling, no illicit love and sex). And they need to be grateful for what they have before moving towards spiritual path.*

***यजन्ते सात्त्विका देवान्यक्षरक्षांसि राजसा: |  
प्रेतान्भूतगणांश्चान्ये यजन्ते तामसा जना: ||***

*Yajante Satwika Dewanyakshara Kshasi Rajasa*

*Pretanbhuta Ganaschanye Yajante Tamasa Jana 17 : 4*

*People worship demigods those who are in the mode of goodness, those who are in the mode of passion worship demons and those who are in ignorance worship ghosts and spirits. Thus, different type of faith there are different types of worship. And, the result also comes different. Person worshiping ghosts shall receive momentary power, person worshipping demons shall receive material gain and the person worshipping demigods shall receive complete satisfaction.*

*According to the modes of nature each person prefers food of different kind. Food taken in the mode of goodness (Satwik food- vegetables, fruits, cereals, milk products) purifies one's existence, gives health, gives strength, increases life span, increases satisfaction and happiness. A person loves Rajasi Bhojan in the mode of passion which will be too sour, salty, spicy, and oily. Such food causes distress misery and disease. And a person who is in the mode of darkness loves Tamasi bhojan- meat, alcohol, tobacco, drugs which generates devilish nature. It is so true that "what we eat; what we are". Therefore, a person becomes intelligent, passionate and ignorant according to the food eaten.*

* *Satwik Bhojan (food for goodness): Vegetables, fruits, cereals, grains, milk, honey, herbs etc*
* *Rajasi Bhojan (food which makes passionate): Oily, spicy, salty, too sour, junk food*
* *Tamasi Bhojan (food which generates ignorance): Meat, alcohol, tobacco, drugs, chemical stuffs*

***अभिसन्धाय तु फलं दम्भार्थमपि चैव यत् |  
इज्यते भरतश्रेष्ठ तं यज्ञं विद्धि राजसम् ||***

*Abhisandhaya Tu Falam Dambharthamapi Chaiwa Yata*

*Ijjayate Bharat Shrestha Tam Yagyam Biddhi Rajasama 17 : 12*

*Sacrifice performed for material gain and for the sake of pride is counted to be in the mode of passion. Our worshipping must be selfless just expressing gratitude. So that, the mode of goodness elevate.*

***विधिहीनमसृष्टान्नं मन्त्रहीनमदक्षिणम् |  
श्रद्धाविरहितं यज्ञं तामसं परिचक्षते ||***

*Bidhihinam Sristannam Mantrahinam Dakshinam*

*Shraddha Birahitam Yagya Tamasam Parichakshate 17 : 13*

*Any sacrifice (Pooja- worshipping) performed without scripture, without disturbing Prasad (offering), without chanting Vedic hymns, without giving remuneration to the priest and without faith towards the God is considered to be in the mode of ignorance and entire worshipping becomes useless.*

***श्रद्धया परया तप्तं तपस्तत्त्रिविधं नरै: |  
अफलाकाङ्क्षिभिर्युक्तै: सात्त्विकं परिचक्षते ||***

*Shraddhya Paraya Taptam Tapasta Tribidham Narai*

*Afalakankshibhiryuktai Satwikam Parichakshate 17 : 17*

*A person performing rituals (Pooja) without expecting material benefit but engages only for the sake of the Supreme is called austerity in goodness. Here, a person purifies himself, speaks truth, lives a simple life, spreads love and chants Vedic hymns when he is in the mode of goodness.*

***अदेशकाले यद्दानमपात्रेभ्यश्च दीयते |  
असत्कृतमवज्ञातं तत्तामसमुदाहृतम् ||***

*Aadeshkale Yeddanam Patrebyashcha Diyate*

*Asatkritam Wagyatam Tattam Samudahritam 17 : 22*

*Charity performed at an impure place, at an improper time, to unworthy person and without proper respect is said to be in the mode of ignorance and even a million rupee of charity becomes useless.*

***ॐ तत्सदिति निर्देशो ब्रह्मणस्त्रिविध: स्मृत: |  
ब्राह्मणास्तेन वेदाश्च यज्ञाश्च विहिता: पुरा ||***

*Aum Tatsadati Nirdesho Brahmana Stribidha Smrita*

*Bhramanastena Vedascha Yagyashcha Bihita Pura 17 : 23*

*The three word "Aum Tat Sat" is being used to refer the supreme absolute truth from the very beginning of creation. Bhramans (priests) have been using while chanting hymns and during sacrifice (pooja). The first created living entity 'Bhrama' also said "Aum Tat Sat" while performing sacrifice indicating to the supreme personality of Godhead. Therefore, when one performs penance, charity, sacrifice, Karma uttering "Aum Tat Sat' – he is acting in Krishna consciousness. This is how one gets freedom from material entanglement and attains the supreme abode.*

***अश्रद्धया हुतं दत्तं तपस्तप्तं कृतं च यत् |  
असदित्युच्यते पार्थ न च तत्प्रेत्य नो इह ||***

*Ashraddaya Hutam Dattam Tapastaptam Kritam Cha Yata*

*Asadityuchyate Partha Na cha Tatpretya No iha 17 : 28*

*Any Karma, charity, penance, sacrifice, performed without faith in God becomes impermanent. It is called 'Asat' and becomes useless in this life and next life too. Therefore, uttering "Aum Tat Sat" is essential in every action so that it indicates work is done for the Supreme God. Also, the absolute truth is the objective of any devotional service.*

***Chapter 18 - The perfection of Renunciation***

***सन्न्यासस्य महाबाहो तत्त्वमिच्छामि वेदितुम् |  
त्यागस्य च हृषीकेश पृथक्केशिनिषूदन ||***

*Sannyasasya Mahabaho Tattwamichchhami Veditum*

*Tyagasya Cha Rishikesh Prithakke Shinisudhana - 18 : 1*

*Arjun finally questions:*

*O' dear Lord Krishna, "Now I wish to understand the purpose of renunciation and renounced of order of life (sanyasa), please!"*

*Lord Krishna replies:*

***काम्यानां कर्मणां न्यासं सन्न्यासं कवयो विदु: |  
सर्वकर्मफलत्यागं प्राहुस्त्यागं विचक्षणा: ||***

*Kamyanam Karmanam nyasam Sanyasam Kawayo Bidu*

*Sarba Karmafala Tyagam Prahustyagam Bichakshana 18 : 2*

*Giving up of activities which is based on material desire is called (sanyas) renounced order of life and giving up the results of all activities is called renunciation (tyag). Acts of sacrifice, penance, charity must be performed without any expectation of result. He needs to perform such activities just as a duty and for the greater number of happiness so that it becomes true renunciation which lies in the mode of goodness. One must understand that the place of action, performed by body- mind or speech is caused by these five factors. Therefore, a doer must consider the five factors and we call an intelligent. He performs just as a duty and to please God.*

***ज्ञानं कर्म च कर्ता च त्रिधैव गुणभेदत: |  
प्रोच्यते गुणसङ् ख्याने यथावच्छृणु तान्यपि ||***

*Gyanam Karma Cha Karta Cha Tridhaiba Gunabhedata*

*Prochyate Gunasangkhyane Yethawachchhrinu Tanyapi 18 : 19*

*There are three kinds of wisdom, action and performer of action according to the three modes of material nature. The wisdom by which oneness is seen is all living entity is said to be in the mode of goodness. He treats every human, animal and plants equally. He has a deep feeling of co-existence.*

*One who sees different body in different living entity is said to be in the mode of passion. And the knowledge by which he boasts himself all in all and shows mean behavior is said to be in the mode of ignorance. He cannot think more than himself- very selfish nature.*

*Action and result of action differs according to the mode of nature too. The person receives the result immediately- joy or sorrow is the outcome of his own Karma. A person in the mode of goodness easily understands wrong and right, what ought to be done and what not. Therefore, he is always free from fear, anger, loss and sorrow. But a person who is in the mode of passion cannot differentiate religion and irreligion. Where as an ignorant person (in the mode of ignorance) always in the wrong direction as he thinks irreligion is his religion. For an example, spreading rumor, fighting and torturing others are his duty. Obviously, he shall reap the bad Karma at the end though.*

***यत्तदग्रे विषमिव परिणामेऽमृतोपमम् |  
तत्सुखं सात्त्विकं प्रोक्तमात्मबुद्धिप्रसादजम् ||***

*Yattadagre Bisamiwa Pariname Aamritopamama*

*Tatsukham Satwikam Proktamatmabuddhi Prasadajam 18 : 37*

*In the beginning, it may feel like a poison but after self realization the same thing becomes nectar (source of happiness), when a person is in the mode of goodness. However, that happiness which comes from sensual objects which appears at first nectar and at the end poison is said to be in the mode of passion. And a person who feels happy in sleeping, drinking alcohol, eating meat, taking drugs is said to be in the mode of ignorance.*

*Dear Arjun, all the beings and demigods are trapped with these three modes of nature. Brahman, Kshtriya, Vasya and Sudras are distinguished by the qualities born of their own nature in accordance with the material modes.*

***शमो दमस्तप: शौचं क्षान्तिरार्जवमेव च |  
ज्ञानं विज्ञानमास्तिक्यं ब्रह्मकर्म स्वभावजम् ||***

*Shamo Damastapa Shoucham Kshantirarjawamewa Cha*

*Gyanam Bigyanamastikyam Bhrama Karma Swobhawajam 18 : 42*

*Wisdom, religiousness, honesty, purity, tolerance, self control, peacefulness are the natural qualities of by which the Bhramins work whereas heroism, leadership, generosity, determination, are natural qualities of Kshetiya's work. Business and farming are the natural work for Vaisya and for the Sudras there are labor and service to others.*

***यत: प्रवृत्तिर्भूतानां येन सर्वमिदं ततम् |  
स्वकर्मणा तमभ्यर्च्य सिद्धिं विन्दति मानव: ||***

*Yat Prabrittibhurtanam Yena Sarwamidam Tatam*

*Swokarmana Tamabhyachrya Siddhim Bindati Manawa 18 : 46*

*The Supreme Lord is the beginning of all living entities. His external and internal energy is all pervading. Therefore, by worship of the Lord, a man can attain perfection through performing his own work with utmost sincerity. In whatsoever occupation one may be engaged, if he is dedicated in his work remembering the supreme Lord- he will achieve the highest perfection. Work and duties performed according to one's nature is always good and satisfactory. For an example, a man who is by nature attracted to the kind of work done by Sudras (service giver) should not artificially claim to be a Brahma (preaching wisdom) although he may have been born into a Brahman family. Work should be chosen as per person's deep interest. So that, he enjoys work so much as it becomes a devotional work (pooja), as a result it gives utmost satisfaction.*

*Although, fire is pure, still there is smoke. Similarly, more or less, all work is contaminated by material modes of nature as Brahmin may have to perform sacrifice in which animal killing is necessary. Kshetirya has to fight and kill enemies if circumstance guides. So as a merchant may tell lie to gain profit and a Sudra (laborer) should serve although his master is bad. It is all conditioned in life according to the modes of nature.*

***बुद्ध्या विशुद्धया युक्तो धृत्यात्मानं नियम्य च | शब्दादीन्विषयांस्त्यक्त्वा रागद्वेषौ व्युदस्य च ||   
विविक्तसेवी लघ्वाशी यतवाक्कायमानस: | ध्यानयोगपरो नित्यं वैराग्यं समुपाश्रित: ||   
अहङ्कारं बलं दर्पं कामं क्रोधं परिग्रहम् | विमुच्य निर्मम: शान्तो ब्रह्मभूयाय कल्पते ||***

*Buddhaya Bishuddhaya Yuktto Ghrityatmanam Niyamya Cha, Sabdadinwisayam Styaktwa Raga Dwesau Byudasya Cha*

*Bibiktasevi Laghwasi Yatwakkayamanasa, Dhyanyogparo Nityam Bairagyam Samupashrita*

*Ahankaram Balam Darpam Kamam Krodham Parigraham, Bimuchya Nirmam Shanto Brahmabhuyaya Kalpate 18 : 51, 52, 53*

*One who is purified by his intelligence and controls the mind with determination, giving up the objects of sense gratification, being freed from ego-lust-anger- greed- fear-temptation, who lives in a secluded place, who eats little, who controls his body-mind- and speech, who is peaceful and who is satisfies himself with what he has; such person is elevated to self-realization (Brahma Bhuta). He does not lament for material loss or aspire for gain. Such a person is fully joyful, never desires to have anything he behaves equally to every living creatures. And in that state one can attain devotional service to the God and enter into His realm.*

***मच्चित्त: सर्वदुर्गाणि मत्प्रसादात्तरिष्यसि |  
अथ चेत्वमहङ्कारान्न श्रोष्यसि विनङ्क्ष्यसि ||***

*Machitta Sarvadurgani Matprasadattarisyasi*

*Atha Chetwamahangkaranna Shrosyasi Binagkshyasi 18 : 58*

*If you become conscious of the creator, all the obstacles and problems will be solved. If you are not conscious and do not trust God, then you will be lost.*

*Dear Arjun, by nature you are born to fight because you belong to Kshetriya (warrior) clan. If you act according to my direction, victory is for sure and shall attain transcendental peace. I think, now your illusions are dispelled.*

***नष्टो मोह: स्मृतिर्लब्धा त्वत्प्रसादान्मयाच्युत |  
स्थितोऽस्मि गतसन्देह: करिष्ये वचनं तव ||***

*Nasto Moha Smritirlabdha twatprasadanmayachyut*

*Sthito aasmi Gatasandeha Karisya Bachanam Tawa 18 : 73*

*Arjun says: "My dear Lord Krishna, I have regained my memory by your mercy. Now, I am free from illusions and doubts and I have prepared firmly to act according to your kind guidance.*

***इत्यहं वासुदेवस्य पार्थस्य च महात्मन: |  
संवादमिममश्रौषमद्भुतं रोमहर्षणम् ||***

*Ityaham Vasudewasya Parthasya Cha Mahatmana*

*Sambadamimam Shrosamad Bhutam Romaharsanam 18 : 74*

*Sanjaya says: Thus, I have heard the conversation of two great souls- Lord Krishna and the archer Arjun. I am so grateful to hear wonderful Vedic wisdom directly from Lord Krishna' mouth. I take pleasure being thrilled at every moment.*

***यत्र योगेश्वर: कृष्णो यत्र पार्थो धनुर्धर: |  
तत्र श्रीर्विजयो भूतिध्रुवा नीतिर्मतिर्मम ||***

*Yatra Yogeshwora Krishno Yatra Partho Dhanurdhara*

*Tatra Shribijayo Bhutidhuwa Nitirmatirmama - 18 : 78*

*Wherever, there is Lord Krishna- master of all the mystics and wherever there is supreme archer like Arjun, there will be certainly extraordinary power and victory.*

*The Narrator Sanjaya told these last two verse to the blind King Dhritarastra who was continuously narrating every situation of the battlefield (sitting 100's km away). Sanjaya feels himself blessed as he heard the pure Vedic wisdom from Lord Krishna's mouth while Lord Krishna was giving spiritual lecture to archer Arjun. Sanjaya thinks that the war is for sure goes to the five Pandavas because Lord Krishna empowered Arjun by deleting all doubts and by the mercy of Lord Krishna Pandavas will fight bravely.*

*Now, the pious conch is blown and Mahabharat war starts. The war is against injustice, cruelty, oppression, deception. It aims to restore world peace.*

***ॐ तत् सत् शान्तिः***

***"AUM TAT SAT SHANTI"***

***A Genuine Prayer to the Divine God***

***ॐ पूर्णमदः पूर्णमिदं पूर्णात्पुर्णमुदच्यते******पूर्णश्य पूर्णमादाय पूर्णमेवावशिष्यते ॥*** *Aum Purnamada: Purnamidam Purnatpurnamudachyate*

*Purnasya Purnamadaya Purnamewabasisyate- Hari Aum !*

*Straight translation of the above verse becomes –*

*That is whole, this is whole, from that whole, this whole came, and from that whole this whole removed. What remains is whole". Here, people might get lost if translated just directly as above. Therefore, let me explain every word clearly.*

*Purnamad= completeness is 'I' – the supreme soul whose nature is Brahma; formless, infinity, the cause of creation.*

*Purnamidam = All the creation living or non-living is also complete as they came out from the supreme soul 'Paraatma'.*

*Purnatpurnamudcyate = from completeness only completeness comes forth or from Brahma (Adah)- the knowable creation (Idam) comes forth.*

*Purnasyapurnamadaya = If Purnam (creation) is added to or subtracted from Purnam (Brahma) what remains is still Purna (Brahma).*

*In short, from the supreme soul this individual soul is emerged. For an example, mother is also perfect and a baby inside mother's womb is also perfect. Both are the creation of the Creator and when they vanish away in cosmos- also there is perfection.And nowadays, westerners are also admitting the existence of creation through continuum theory.*

*"Creator is perfect*

*His creation is perfect too;*

*From the Creator, creation arises*

*Taking away the creation from the creator*

*The creator still remains perfect"*

*The above Sanskrit verse clearly explains that there is no objective reality or manifestation independent of the Creator. Creation of this universe is one of the infinite dramas of the Creator. In fact, light is a wave as well as particle which we call consciousness. The universal sound Aum is complete. We can conclude the understanding as the consciousness is the source of every manifestation because consciousness is an entity beyond time, space and causation. It is just an infinite illuminating light made up of blue- red and ivory white colors which creates energy in the universe. Not to be confused, the consciousness is supreme soul "Parmatma or Parambrahma". Spirituality is the path of self discovery, subjective and ignored by modern science believing only in quantum mechanics. Albert Einstein was explaining the same philosophy that behind objective universe there is still a subtle and invisible force which is not in the gasp of human intellect. In fact, all the scientists have come to the same conclusion eventually- something superior behind manifested reality. We can observe just by observing natures creation, solar system and our own body mechanism. Aim of every religion and scientific attempt is "to know thyself". However, the Vedic wisdom has already explained about the 'self' in the whole equation. We must be grateful to the saints and sages of Nepal who contemplated on it and discovered the most unsolved mystery of human quest. They explained that we all are eternal supreme consciousness not an individual bubble. We do not die as we were never born. We are just tiny fragmentation of consciousness from the eternal divinity and shall go back into wholeness leaving this physical body.*

***ईशा वास्यम् इदं सर्वं यत् किञ्च जगत्यां जगत् ।  
तेन त्यक्तेन भुञ्जीथा मा गृधः कस्य स्विद्धनम् ॥***

*Isha Wasyamidam Sarba YatkinchaJagatyam Jagat*

*Ten Tyaktena Bhunjitha Ma Gridha : Kasyaswidhhnam*

*Everything in the nature, world and universe is controlled and owned by the Lord. One should therefore accept and enjoy what you have. Do not be jealous on others wealth. Lord is enshrined in the hearts of all. Just we need to purify consciousness and know the supremacy of reality. Rejoice in him through renunciation. Covet nothing as it all belongs to the Lord.*

***यं ब्रह्मा  वरुणेन्द्र रुद्र मरुत: स्तुन्वन्ति दिव्यैस्तवै:***

***वेदै: साङ्ग पदक्रमोपनिशदै: गायन्ति यं सामगा: |***

***ध्यानावस्थित तत्गतेन मनसा पश्यन्ति यं योगिनो***

***यस्यान्तं न विदु: सुरा  सुरगणा देवाय तस्मै नम: ||***

*Yam Brahma Barunendra Rudramaruta: Stunwanti Dibyai Stavai*

*Vedai: Sangapada Kramopanisadai: Gayanti Yam Samaga:*

*Dhyanavasthita Tadgatena Manasa Pasyanti Yam Yogino:*

*Yesyantam Na Bidu: Surasurgana Devaya Tasmai Namah:*

*Salutation goes to Him who is worshipped with divine chants by Brahma, Varuna, Indra, Rudra and Maruta (air). Who is pleased by singers of Samveda- singing Vedas and Upanisads, who is seen by yogis through pure consciousness and submerged within Him. And, whose end is not known by the hoards of Devas and Asuras.*

***मूकं करोति वाचालं पङ्गुं लङ्घयते गिरिं ।  
यत्कृपा तमहं वन्दे परमानन्द माधवम् ॥***

*Mukam Karoti Bachalam Panghu Langhayete Girim*

*Yatkripa Tamaham Bande Paramananda Madhavam*

*I bow down to Lord Krishna, the source of all the joy, whose compassion brings speech from the lips of dumb and energy to climb mountain to lame.*

***ॐ सह नौ भुनक्तु सह वीर्यं करवावहै***

***तेजस्वि नावधीतमस्तु मा विद्विषावहै (ॐ शान्तिः शान्तिः शान्तिः)***

*Aum Sahanau Bhunaktu Saha Birya Karwavahai*

*Tejaswi Nawadhitamastu Ma Bidbissawahai (Aum Shanti – 3)*

*Together we move and study with deep vigor – deep concentration. May our study filled with brilliance of understanding noble wisdom. May we all be protected- nourished. May we work together with vigor and vitality. May our intellect be sharpened (effective). Let there be no animosity among us. Peace in me, peace in nature, peace in divine force.*

***नमोस्तुते व्यास विशाल बुद्धे , फ़ुल्लारविन्दायत पत्र नेत्र |***

***येनत्वया भारत तैलपूर्ण: प्रज्वालितो  ज्ञानमय प्रदीप:||***

*Namostute Vyasa: Bishala Buddhe Fullara Bindayeta Patranetra*

*Yena Twoya Bharat Tailapurna: Prajwolito Gyanamaya: Pradipa:*

*Salutation O' Vyasa (the author of 4 Vedas) one with the great intelligence- with eyes like the fully blossomed lotus. Through whom the lamp of light is filled with oil of wisdom. Salutation goes to Vyasa who is in the forms of Vishnu and Vishnu in the forms of Vyasa. Both are the treasure trove of Vedas- Ocean of wisdom. Salutation thou divine who was born in the noble family of Vashistha.*

***Note:*** *Maharshi Vashista was born in Devghat-Nepal*

*==================================================================================================================================================================*

***MUST KNOW IMPORTANT FACTS***

***Greater Nepal Map - Ancient Nepal***

*From the time immemorial, Nepal was an independent country (never conquered) flickering unique triangular flag with pride and prestige. This is the only country in the world that do not celebrate independent day. Nepal is the pious land blessed by Guru Gorakshanath. Many people have been realizing that Nepal, India, Tibet is the most spiritual places in the world but they do not know that Mt. Kailash and lower part of Tibet used to be Nepal's land once upon a time. All the 64 Jyotirlinga (divine light emerged on earth) lies in Nepal. The"* ***Greater Nepal"*** *had spread half of today’s India including Kashmir, Delhi, Agra, Calcutta, Eastern Sikkim, some part of Tibet including Holy Mt. Kailash (Manasarowar Lake). Nepal government has crystal clear evidence stamped from both side governments just 72 yrs ago. The name ‘India’ was given by the British ruler. Long before, it was Hindustan and called 'Bharat' because great emperor of Nepal called Bharat had ruled the whole Indian continent. Still his Kingdom Bharatpur lies in Narayanghat district of Nepal. So, the name of India “Bharat” itself inherits from great King Bharat. The Hindus living in the Indus valley civilization were the same Aryans migrated from the Himalayas of Nepal. The history of Nepal incredibly goes way long back than human perception. Recently, NASA proved that 'Ramsetu Bridge' – the 40 km long mysterious bridge in between Srilanka and India was built approximately 9,000 yrs ago. May all the readers know that the mysterious bridge was built during the time of Lord Ram. Ram, Laxman and Bharat were the three brothers and Bharat used to rule entire Indian sub continent having base capital in Nepal.*

***Nepal's recorded History of 7603 yrs)*** "*Kramena bartamane kaliyuge samasta Bhupala malimala charanambujasyam rajya shreematprithvi ragyo himawota*"… *The above inscription found in Mrigasthali (Pashupatinath premises) describes ruling tenure of ancient kings and easily proves 7603 yrs recorded history of Nepal. It shall be a big surprise to westerners who are boasting about the oldest history in Europe which is about 200 B.C. Even England starts from 927 AD - just yesterday in compare to the Ancient history of Nepal. Rather- Egypt, Greece, Italy, Lebanon are a bit older countries formed after Aryans settlement migrated from the Himalayas of Nepal. Recorded history of 7603 and word used 'modern Nepal' in the inscription, (as it is too old for the modern people) will absolutely bewilder western people. Skanda Puran Himawat Khanda says "Krite Satyawati Jyaya tretayam cha tapowati- Dwapare Muktisopana Kalau Nepalika puri" which means- Nepal* ***used to be called Satyawati, Tapowati, Muktidayani and Nepal Mandal in Satyayug, Tretayug, Dwapar yug and Kaliyug respectively. The above mentioned recorded history of Nepal is supposed to be of Kali Yug (Iron age).***

***Ancient Wisdom :*** *The Vedic wisdom is the noblest teaching for mankind. Understanding its necessity, Greater Nepal government had established the 4 universities; Nalanda, Takshashila, Bikramshila and Ballav. Nalanda was the first and the biggest university in the world. It was situated 95 km south east from Patna city which lies in Greater Nepal and was a center of learning from the 7th century BC to 14th Century AD. According to the Chinese travelers Xuanzang and Yijing – there were 2,000 teachers and 12,000 students studying different subjects; Astrology, Astronomy, Ayurveda, Vashtushastra (fengsui), Tantra, Yoga-Meditation, mathematics, agriculture, economics, business, engineering, medical Surgery, Reiki healing, Art and music, Vedic texts, Sanskrit grammar, Theology and what not? Sanskrit was the language used for teaching and learning method. Nalanda University flourished under the patronage of the Gupta Empire- one of the most successful empire of Greater Nepal. Gopalas, Mahishapalas, Kiratas, Lichhivis were the great emperors before Gupta. The ancient history of India starts just from the reign of Chandra Gupta. In fact, he is the grandson of Sri Gupta who used to rule whole Indian continent having base capital in Nepal.*

*Highly formalized methods of the Vedic education inspired other countries to establish many educational institution and universities. Greater Nepal remained cradle for education to all the scholars of the world. The university had attracted scholars and students from far distance travelling all the way from Tibet, China, Korea, Australia, Persia, Turkey, Greek and Europe. It is said that Pythagoras, the world famous mathematician had studied mathematics and astrology here. Jesus Christ had studied Tantra- Yoga & Meditation. Similarly, founder of the Jain religion- Mahavira had also studied in this university. Gautam Buddha himself used to give discourse in this university. No doubt, Nepal was the hub for education and business on those days. Fibonacci, 12th century Italian mathematician who is well-known for 'Fibonacci Sequence' (the mathematical sequence in nature) had also studied in this university. Nikole Tesla, the genius of 19th century, who rediscovered modern technology (radio active wave, Wi-Fi, telephone, jet engine, electricity current) got the information from explanation of "Aakasha" given in Vedic text. Nikole Tesla was highly inspired by "Aakasha" concept given by Swami Vivekananda- a Nepali Vedic scholar. India boasts for Vedas and Vivekananda but neither Veda nor Vivekananda belongs to India. The Vedas was compiled by Maharsi Veda Vyasa who was born in Damauli Nepal and Vivekananda was born in northern Calcutta which was Nepal's land at that time. Still there is a place called 'Nepalgunj' in Calcutta (pin code 743503) which means - seaport of Nepal. Non-the-less, we need to respect Vivekananda for his immense contribution - awakening westerners/ Americans.*

*The Vedic education aims to prepare prudent citizen, unlike to modern education focusing just carrier development. Vedic education is the only means of real education. It makes people witty, well-cultured, professional, sincere, a person of ethics who performs duties and responsibility. In short, it teaches the art of living and dying. It is so much needed for modern world for balancing material life and spiritual life. And, westerners are seeking Vedic wisdom now as the modern education did not address life quests.*

***Saints and Rishimunis of Nepal***

*Saint and Sages are the enlightened personality with divine power and spiritual charm for the restoration of world peace. They are the true yogis who live for the greater number of happiness. Their presence creates positive vibration and inspires people to live in harmony & peace. Their wisdom is unfathomable, they are deep like the ocean – steady like the Himalayas, pure like the source of holy river Ganga, naked like a crystal and effulgence like sun-rays. They were born with great purpose for awakening human-being, sharing noble wisdom and uplifting spirituality. The whole world is credited from the ancient sages and saints of Nepal. What we are having now is all their contribution; scientific discoveries, art, music, literature, astrology, astronomy, Ayurveda, Vashtushastra (fengsui), mathematics, medical science, Tantra, Yoga-meditation, politics, law, business and what not. All the credit goes to those esteemed Maharshis', saints and sages of Nepal because the 4 Vedas, Vedanta, Upanishads, Puranas, were written in Nepal. Of course, they were born for the goodness of entire humanity. For them- there is no religion but "religion of truthfulness" one world and humanity. They are sent from the cosmic energy giving certain duties and responsibilities. Let's discuss some revered saints / sages of Nepal and their majestic contribution to the entire world / humanity.*

*First, may you understand that Nepal is the spiritual energy center not a political or geographical country. Nepal is the pious land blessed by Guru Gorakshanath and abode of Lord Shiva. It is the land of Vedic Sanatan Dharma (the universal religion) and all the Vedic wisdom is kept in the Himalayas of Nepal. This is the reason why great Rishimuni, saints must take birth in Nepal. Not to blow owns trumpet, it is a fact that we would not imagine "even" our existence without the presence and contribution of Rishimunis of Nepal. Remember, these Rishimunis (saints) carry the history of thousands years. All these Rishimunis took birth in Nepal because it is the land of Vedas. Rishimunis's divine light forms a constellation of stars as pleiadians (Sapta Rishi) – a group of extraterrestrials from the constellation. Westerners call them Alkaid, Mizar, Alioth, Dhube, Merak, Phecda, Megrez. We can see the seven star sign 'Pleiadian' even with naked eye forming question mark sign. Saptarishi (Marichi, Vashista, Angiras, Dratu, Pulaha, Pulastya, Aatri) was born in Nepal. Thus, we must thank to great saints/sages (Rishimunis) of Nepal for immense contribution for whole mankind.*

***REVERED SAINTS AND RISHIMUNIS OF NEPAL***

*Let's discuss upon some revered Rishimunis' (seers) of Nepal who have credited entire world. Westerners are wondering saying "…but how?" because they found that Vedic scientists of Nepal had discovered amazing facts way long before today 'scientists. It is so sad that people are unaware of such facts because of British education system and India's cunningness. Sorry to say! But India boasts for Vedic wisdom and Indian Rishimunis but it is just a 'great lie'.*

* *The Veda Vyasa (born in Damauli) is the compiler of the 4 Vedas and 18 Puranas which is the source of all the literature, religious texts and scientific discoveries. Ayurveda, Yoga meditation, Astrology, Astronomy, Tantra, Reiki, Mantra Chantings, Vastushastra (Fengsui), Kamasutra (the art of love making), Law, Politics, agriculture, philosophy (life quests), business, engineering, science etc are the prominent subjects written in the 4 Vedas.*
* *Maharishi Bhardwaj, the inventor of Tripura Biman (an aero plane), was born in Bhardaha-Koshitappu, Nepal. His book Bimanika Shastra explains in detail about the operation of ancient Bimans - aero planes.*
* *Maharsi Parasar born in Trivenighat and Maharshi Bhrigu born in Syanja credited to entire Vedic astrology.*
* *Kapil Rishi, born in Kapilvastu- Lumbini, was the topmost scientist. He had described about the universal consciousness and the creation of the universe in his book called 'Sankhya Darshan'. The universe was manifested from Purusha (divine light) and Prakriti (matter) which is the source of entire creation.*
* *Acharya Karnad, born in Karnali district of present Nepal, had developed atomic theory about 3,000 yrs ago. He had talked about anu (atoms) that all things in the universe are made up of. Long later, John Dalton elaborated this theory.*
* *Balmiki Rishi wrote Ramayan residing at Nawalparashi Ashram. Ramayan is the greatest epic- great war between Ram and Rawan (the devil King).*
* *Bhaskaracharya, an astronomer of Nepal Nalanda University, had calculated the time taken by earth (365.258756484 days) to complete one circle to the Sun. He had explained in his book 'Surya Siddhanta' about gravity force saying "Objects fall on earth due to the force of earth's attraction called 'gurutwakarshan'. Similarly, the earth, planets, constellation, moon and Sun are held in orbit due to this attraction. And, 1200 yrs later Newton noticed such phenomena. Apple did not start falling from Newton's time. It used to fall from the time immemorial isn't it?*
* *Acharya Charak is considered as the father of modern Ayurveda. Charak and Chywanpras Rishi did detail research at Panchase forest which lies nearby Pokhara. His book named 'Charak Samhita', is considered to be the encyclopedia of Ayurveda. Long later, Indian Hindus learned Ayurveda and now spreading noble message to western worlds. Remember, Dhanwantari is the father of Ayurveda who had emerged in Sailung, Sindhupalchowk near by Dudhkoshi River. Acharya Charak formulated Ayurveda in modern Nepal around 300 BC. Exclusive herbal paste made by Chywan Rishi known as Chywanprash was the nectar to healthy lifestyle. And, now India has imitated similar type of herbal paste and selling worldwide. Chwan Rishi was the son of Maharishi Bhrigu born in Syanja district of Nepal. So, obviously, Chywan Rishi's birthplace is Syanja not elsewhere.*
* *At this moment, entire world is craving for peace and plunging into Yoga- Meditation (Yogdhyan). However, it is so sad that people do not know that Yogi Patanjali, the father of modern yoga-meditation, was born in Bhojpur Nepal. He wrote 'Patanjali Yog Sutra' which is the source of all the available books in the world talking about Pranayama, engineering life, Chakras etc.*
* *Acharya Aryabhatta is the genius mathematician who had calculated the motion of planets and time of eclipses. He had stated that our earth is round and rotated on its own axis orbiting the Sun. This discovery was almost 1100 yrs before Copernicus published heliocentric theory.*
* *Narad muni (born in Narayan ghat) had discovered frequency for communication.*
* *Sushruta is often known as the father of Surgery. He used to do so much complicated surgeries like cataract, artificial limbs, plastic surgery, and Brain surgery 2,600 yrs ago. Isn't this incredible? His Medical book 'Sushruta Samhita' talks about more than 300 surgical procedures and 125 surgical instruments. He was the son of Bishwamitra Rishi and born nearby Janakpur- Nepal.*
* *Barahamihira is another scientist who talked about animal science, botany, zoology in his book 'Pancha Siddhanta'. He also talked about the lustrous nature of moon, planets because of the Sunlight and its direct impact on earth and human life.*
* *Maharsi Vishwamitra compiled 'The Gayatri Mantra' residing at Kusheswor Dham Nepalthok- Sindhuli. All spiritual seekers chant this pious mantra but it is so sad that they do not know its authenticity yet because they are brainwashed by saying Indian mantra.*
* *Maharshi Vashista compiled 'Mahamrityunjaya Mantra' residing at Nayanghat. This mantra is often known as 'the life saver mantra'. So, every people in the western world were chanting Mahamrityunjaya mantra by heart. They did not know that this pious mantra was composed in Nepal.*
* *Garg Rishi taught palmistry in those ancient days. And it is so sad that people know few Indian yogis because of data input in internet by Indian government.*
* *Lord Ram (born in Trevenidham) taught to fight for injustice, Lord Krishna (born in Ruru Rishikesh) taught philosophy, Buddha (born in Lumbini) taught compassion-forgiveness and peace.*

***The Original Uttarkhand and Rishikesh***

*The Vedic texts explain that the highest spiritual energy centers are categorized in two parts; Himawat Khanda and Uttarakhanda. Pious land around Sagarmatha (Mt. Everest), Gaurishanker, Nepalthok, Kathmandu valley, Daman area is known as Himawat Khanda. The first Shivalinga on earth had emerged in Kusheshwor dham and Dhanwantari had made elixir (Ayurvedic medicine) at Dudh Koshi (Kshir Sagar). Sleshmantak forest, where Mahadev used to roam around and dwelling place of Lord Indra- 'Tripur' is also inside Kathmandu valley. Nagarjun, Swoyambhunath, Pashupatinath, Budhanilkantha, Kedarnath (Doleshwor), Adinath, Adeshwor from where Lord Krishna had received Sudarshan Chakra from Shiva–Shanker Bhole Baba; all these places are inside Himwat Khanda. And, northern part from Nawalparasi-Trivenidham; Devghat, Damauli, Lumbini, Ruru Rishikesh, Kaski, Muktinath is known as Uttarakhanda. Lord Ram was born in Trivenidham, Nawalparashi and Lord Buddha were born in Lumbini Nepal. And great Rishimunis like Parasar, Bhrigu, Kasyap, Kapil, Bharat, Basishista, Krishna Dwapayan (Veda Vyasa) were born in this area. Gangapurna (behind the virgin Mt Fishtail) is the source of holy river Ganga (Kali-Gandaki), Virgin Mt. Macchapuchhre is the source of Saraswoti (Seti River) and Lamjung Dudhpokhari is the source of Yamuna (Madi). Galeshwor is the pious place where Parsuram awatar had taken place. All these places lie in Uttarakhanda, northen part from Lumbini- Nepal.*

*Lord Krishna, the 9th incarnation of Narayana, is uttered with other several names like Govinda, Gopal, Gokula, Keshav, Madhusudhan, Shyamsundar, Damodar, Basudev, Hari, Manmohan, Bhagawan Rishikesh. May the world know that the birth place of Lord Krishna (Rishikesh) is Ruru Kshetra-Ridi which lies in Palpa district of Nepal. Mother Devaki had to save baby Lord Krishna from Kansha's attack and was thrown into Gandaki River in a basket. The basket with the baby was rescued by a fisherman nearby Narayanghat and grown up at Brindaban which lie in Janakpur. Therefore, Ruru Rishikesh is the original Rishikesh absolutely not Rishikesh of northen Delhi. May the world know that- just a few centuries ago, the Terai jungle belt of Nepal was highly affected with Malaria so Indians were unable to come to Ruru Rishikesh (Nepal) to pay homage. So, they built Rishikesh temple in northern part of Delhi for performing Sadhana. This place became popular among westerners when Beatle Music Band made a movie there. Also, Indian government and Sadhus started advertising Delhi's Rishikesh through Google- Wikipedia- Youtubes and people become confused in such information. For an example, Indian government had used Annpurna Himalaya video clip* [*https://www.youtube.com/watch?v=4XlairN2ems*](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3D4XlairN2ems&h=ATOqmhthFM9D4qMmNGMOH4jObGR8U4fvZFhc4eTe6KyRwza6eCsXYJKxm9WbtCCaVUgRrnapm5QG-aJea9OfVAkG6e--L2FCml7Acw45OQmUFm08Yp2-L0_SPz4M68u5Yo5htx_Dlo-SISo9W_zFJqlrcgljDfHr--CaqKyBg1WDxEr3Z2ZFMeJ0F1DhBR0VvK9P1juVgvVirYJZnNS8wt3oSewhPpxGEFw-w4GzNREtS1aUuxOGeFwqom0_ynqDdimdCG-2_tsAklyivUjnMwblWV3281noJVK_HWxNJRXo) *during international yoga festival 2017 in northern Delhi's Rishikesh. Isn't this disgusting?*

*Despite of all these facts India has made Veda Vyasa cave, Ganga river, Rishikesh and Uttarakhanda to the northern part of Delhi and spreading rumor advertizing through google- which is highly condemned. All the people know that India have made duplicate Lumbini nearby Delhi. Entire world know that Indians are as cunning as they can sell comb to bald headed man. And, the above video proves it. How long can India hide such spiritual places? India cannot fool forever- very soon entire world will know the fact. British ruler gave the name 'India' which means a group of hooligans, uncivilized man according to the 2nd edition oxford dictionary page no 687. Long before, the whole Indian sub continent was ruled by our great King Bharat residing in Bharatpur Nepal. Ancient name of India inherits from Bharatkhanda meaning part of King Bharat's land. All these historical evidences show that Nepal used to rule India once upon a time.*

***Christianity*** *is just a branch of Vedic Sanatan Dharma. The founder of Christianity, Jesus Christ had come to Nepal - received blessing from Guru Gorakshanath and learnt Yoga & Meditation on the foothills of mighty Himalaya. Inscription stated “Ishaputranchma Biddi Kumari Garbha Sambhvam…” clearly shows that he was in Kathmandu valley and paid homage to the Living Goddess Kumari. 'Isha' word is taken from Rigveda. The world 'Isha' is taken from Rigved. The word "Jesus of the Christ" became Jesus Christ when shortened meaning 'Devotee of Lord Krishna" just like we say Krishna Bhakta. The word Christ comes from ancient Greek word Christos (meaning the anointed one) and colloquial Bengali Christo explaining (Christos- Krista- Krishna). And, remember that Greek word and Bengali word used during Greater Nepal is but thousands years before Bible. Various researchers have proven that Jesus Christ spent 18 years of his mysterious life in the mighty Himalayas of Nepal wandering in search of truth. During that period, the noble teaching of Lord Krishna was in the pinnacle of popularity. Jesus Christ was very much impressed by the teaching of Lord Krishna (Kurisuna+nity) and determined to preach 'The Truth' to western world. Krishna means Lord Krishna and 'nity' means teachings or policy in Sanskrit / Nepali language. We use this term till today like in Sarkar ko nity which means government policy. Mispronunciation of Kurisuna+nity, Kurisuna + nity became Christianity because of language transmission. The teachings and the essence of Christianity is exactly same like of Bhagawat Geeta (Krishnanity). May you understand that Jesus Christ was also born in Brahman- Arya family. His mother Mary’s statue wearing Nepali dress Sari- Cholo has been kept in Macmillan Church, England. Jesus’s statue kept in Munich Art Gallery also depicts alike to Brahman son with Janai (sacred thread around neck & shoulder), cusp and holding 4 books- The 4 Vedas. The Nepali word Santa (sage) turned into saint (St.) as in St. Joseph. Likewise, the word Pujari (priest) turned into Padari and later father. It is all because of foreign language pronunciation/ sound transmission. Residence of Pope Vetican city is also derived from Batika (garden) city = Vatican City (adding adjective on to it) which means city of garden in Sanskrit language. Moreover, the thorny vein (Kukurdiana) used by Jesus on his head during crucifixion was taken from Nepal. Till today, tantric use this thorny vein named Kukur Diana for repelling evil spirits. It seems that the name of Prince Diana has been taken from the name of Kukur Diana too. Noha and the Great flood is the exact story taken from Puran.*

*Non-the less, Jesus studied Vedas with utmost devotion. Entering from Amarnath he came to Muktinath, Pashupatinath and Inareshwor at Daman. During this spiritual journey he visited lower part of Tibet too which is still Nepal according to the Greater Nepal map. Jesus had received enlightenment at Ruru Rishikesh, Palpa district of Nepal. After deep research of 40 years Dr. Notowich unmasked the unknown life of Jesus. Orthodox followers of Old testament did not like activities of Jesus and accused him being revolutionary as a result he had to be crucified. His enemies had buried him but fortunately, Jesus woke up alive because of Yogic practice he had done mastery over breath control while he studied in Nalanda University of Nepal (now this place Patna lies in India). Then at once, his disciples had fled him to 'ancient India' which is the country Nepal. In his research book ‘Mysterious life of Jesus’ Dr. Spencer has stated that Jesus had spent his life span from age 13 to 30 in the Himalayas of Nepal for Veda study and practicing yoga-meditation. And, he did not die in the cross but willingly he took his last breath completing 60- 70 years of his age at Srinagar- Kashmir. Still his tomb can be seen in Kashmir. Remember! Kashmir is the place named after Kasyap Rishi and it lies in Nepal according to the greater Nepal map. May the disappointed Christians receive crystal clear evidence and know the unknown life of Jesus.*

*Thus, Christianity also followed the pure foot-prints of Vedic Sanatan Dharma. The source of Bible is pious land of Nepal Himalayas. Therefore, I personally request all the Nepalese, Indian Hindus, Islams not to be rude to Christians- they are also our own brothers and sisters.*

***Avatar- Incarnation of Narayana:*** *The meaning of 'Avatar' in Sanskrit language means manifestation of God upon earth in corporeal form. The main purpose of incarnation is to destroy evils and restore peace – Sanatan Dharma (eternal duty). Then, definitely restoring righteousness, spreading noble wisdom, protecting to those who seek His protection against evils, strengthening people's faith in God and helping them on the path of liberation.*

*We need to be very clear that Avatar is neither a messenger of God nor a prophet but THE GOD himself in a corporeal body. The Vedas and Bhagawat Geeta declares that whenever there is an ascendance of adharma (injustice and disorder) and evils presence, God reincarnates himself on earth in an embodied state (jiva) to restore balance, dharma (duties) and Peace.*

*Yada Yada hi Dharmasya Glanirbhawati Bharata*

*Abhyuthanam Adharmasya Tadatmanam Srijamyaham - Bhagawat Geeta verse 4 : 7*

***The Puranas describe ten incarnations of Narayana (Lord Vishnu) as below;***

*Matsya Kurma Barahascha Nrisingha Bamana*

*Parusuram Rama Krishna Buddha Kalki Tathaiwacha*

***(1) Matsyavatar (Fish):*** *The purpose of this incarnation was to save Manu (the first man) and the seven sages from huge deluge (great flood as depicted in biblical Noah. Scientists have proven that Jelly fish is the first creature on earth. The place where the incarnation took place is 'Matsyagau' Holy Godawari (Kathmandu- the capital city of Nepal)*

***(2) Kurmavatar (Tortoise):*** *Here, Lord Vishnu held's the mountain named 'Mandhara' on his back as a giant tortoise to enable Devas (Semi Gods) to churn the ocean and extract elixir. The place is Kshir Sagar (Dudhkoshi) nearby Kusheshwor Dham- Nepalthok.*

***(3) Barahawatar (Boar):*** *Lord Vishnu appeared as a giant boar to kill demon Hiranyakashyapu and save the earth from submerging under water (great flood). And, the place is Barahachhetra (Chataraghat nearby Dharan- eastern part of Nepal) which is also well known by ancient Vanarashi (The original Vanarashi) as it is the confluence of Varuna and Ashi River. So, Varuna+ashi became Vanarasi. There was a time that Indians could not come to Barahachhetra (The original Vanarashi) because of dense forest and malaria plague. Once they could not come at Barahachhetra (ancient Vanarashi) and pay homage, they made new Vanarashi in India side. It is so pity that all the people know about India's Vanarashi but no idea about the original – Ancient Vanarashi full of spiritual vibration. This is the only holy place in the world where Hindu and Islam pay homage together – also the reason why Hindu as well as Islam do not kill / eat pig meat till today not because of dirt but honoring boar.*

***(4) Narasimhawatar (human with lion's head):*** *The prince Pralad used to utter name of Lord Vishnu all the time as he was the ardent believer of Lord Vishnu. This made his father Hiranyakashyapu (King of Demon) very angry and thought of killing his own son with sword. He said to his son "Hey! I am the most powerful King on earth and you always utter Vishnu's name. Let's see whether your Vishnu comes and save when I slay your head with this sword." The moment he was trying to kill his son Pralad, Lord Vishnu appeared as a half lion from Pralad's chest. It was meant to kill Hiranyakasyapu and rescue devotee Pralad. Such half lion half man story can be found in Greek mythology and such idols can be found in many places of Europe too. This proves that we had one religious belief long ago.*

***(5) Bamanavatar (Dwarf Brahmin):*** *Lord Vishnu came down on earth in a dwarf Brahmin form and asked 3 steps as alms. Showing his ego King Bali said "why would you just ask 3 steps of land, you could have as much land as you want as I am the lord of entire earth." King Bali did not notice that Dwarf Brahmin is the disguise form of Lord Vishnu and promised him to give land to keep his little 3 steps. Then, Lord Vishnu kept his one foot on earth (which is greater Nepal), the foot grew bigger and bigger and covered the whole earth. Next step He kept in the sky covering the whole sky. Now, Dwarf Brahmin said- "my king, where should I keep another step as you promised to give me 3 steps of land." At this moment, King Bali noticed the dwarf was not an ordinary Brahmin but disguise form of Lord Vishnu so he gave his head to step in. Hence, he was pushed to Patal lok which is today's South America and Maya civilization started since then. His Yakshas (head engineer who had built 3 cities in Indonesia Bali) and his followers also flew to South America with the most advance aero plane and landed in NAZCA valley. This is the reason why NAZCA lines are there. In fact, the aliens were no body but the well-wishers of King Bali of Greater Nepal. Hence, Lord Vishnu had incarnated himself on earth in order to assist Indra to retain his lordship over heaven by eliminating his rival King Bali. Till toady, Nepalese remember King Bali praising his magnanimity saying "Deusi Bhailo- Hami tyesai aayeka hoinau bali raja le patako" during Dipawali festival. This is well known festival in India, Bangladesh, and Indonesia among Hindu culture too.*

***(6) Parshurama (warrior holding an axe):*** *Parshu means an axe in Sanskrit language. Hence, Lord Vishnu had to take this Awatar as a warrior sage holding an axe in order to destroy Kshetriya clan increasingly evils and restore the order- duties. The place that Avatar (incarnation) took place is Galeshwor Dham on the way to Jomsom Muktinath. Jesus Christ received enlightenment at Ruru Rishikesh and walked through Galeshwor to Muktinath (abode of Lord Vishnu)– the original Somnath.*

***(7) Ramavatar (Lord Ram):*** *In this Awatar, Lord Vishnu appeared in a perfect human being to exemplify human virtues and slay the demon king Rawana (Ancient King of today's Srilanka) who had become incredibly oppressive with the boon obtained from Lord Shiva. Many people are well-known by the bravery of Pawanputra Hanuman (The monkey King) who built 40 km long stone bridge in between today's India and Srilanka. This mysterious bridge can be seen till today levitating 15 meter under sea water. Hanuman had come to the Himalayas of Nepal in order to get Ayurvedic herb when Lord Ram's brother Laxman was unconscious during the war. The up-held hill by Hanuman can be seen 22 km away from Pokhara. Chinese and Honduras people pray Hanuman as the name of Monkey King God. May you know that Lord Ram was born in Trivenidham, Nawalparasi and had married Goddess Sita (daughter of King Janak) born in Janakpur dham Nepal.*

***(8) Balarama:*** *He appeared as an elder brother of Lord Krishna to kill the demon King Dhenuka (proper place of Dhanusha district of Nepal) with the help of mighty plough. As an honest farmer, he was very much irritated from Rakshas and killed those devils for social justice.*

***(9) Lord Krishna****: This Awatar was taken place in Ruru Kshetra- Palpa district of Nepal- the original Rishikesh. May you know that Lord Krishna is also called by other names as Govinda, Gopal, Damodar, Nandalal, Madhusudhan, Yadunath, Rishikesh etc. The history says that Indians could not come to Ruru Rishikesh and pay homage because of Malaria plague in the terai region few decades ago. So, with due respect, they established Rishikesh temple in Uttarakhanda (today's India). It is so pity that Yoga lovers know Uttarakhanda Rishikesh but not to the original Ruru Rishikesh of Nepal. Anyway, it is the most well known incarnation to the entire world and also depicted in Bible as well as in Roman and Greek story 'Sargon the Great'. Lord Krishna appears himself supporting Pandavas (the five princes of Nepal) in the holy Mahabharata war. May you know that whole Nepal and India land used to be called Bharatkhanda- Jammudip. From the time immemorial, there was the country Nepal but not India in those days. Great King Bharat used to rule the entire continent; this is how the word Bharat (ancient name of India) derives. Till today, once can see King Bharat's capital, in an archaeological form though, in Bharatpur (Bharat= King Bharat and Pur= capital) city of present Nepal. Mahabharat war held in between Pandavas (defender of truth) resident of Daman, Nepal and Kauravas (100 mischievous) resident of Hastinapur- today's Delhi. We call Mahabharata hills till today because of Mahabharata war started from here however, the main battlefield is 'Kurukshetra' nearby Delhi. Bhagawat Geeta (teachings of Lord Krishna) originates when Lord Krishna convinces Arjun (an archer) to do his duty being a Chhettri (warrior) clan. Bhagawat Geeta is the philosophy of life, the highest form of world literature till today. It is the great source of inspiration to millions of spiritual seekers. Even, Jesus Christ was highly impressed by the Teaching of Lord Krishna while he was in Nepal for Yoga-Meditation – Tantra study. Krishna refers to Lord Krishna and Nity means teaching which forms Kurisuna+nity, Kurisuna + nity (language transmission) and later became Christianity. In fact, Bhagawat Geeta is the source of inspiration of Bible and Quoran.*

***(10) Lord Buddha:*** *The land was suffering from inhuman war earlier than King Ashoka's regime in Bharatkhanda (Today's Nepal, India, Pakistan, Bhutan, and Bangladesh). Therefore, Lord Vishnu took birth in a Royal family of King Suddhodhan in Lumbini district of Nepal. Now, the whole world knows Buddhism (the religion of compassion) and Lord Buddha (the enlightened one). This Awatar was meant to teach compassion, non-violence and spread voice of peace.*

***(11) Kalki Awatar (Human on a white horse):***

*Now, Kalki Awatar (incarnation) is expected to take place in very near future at the end of current epoch 'Kaliyug' (most likely to end by 2020). It is said that HE would manifest riding upon a white horse and holding sword. He would destroy all the evils/sins and user the new age of truth (the new cycle of creation). All the religion expresses the same essence of the advent of Almighty Creator. Bibles says "my father shall come down again", Hindus say "Shiva Baba is coming down to earth", Islam say "Mehadi" is coming down to earth, Buddhist say ' Maitraya Buddha' and the Vedic people of Nepal believe that Gorakshanatha himself is coming down on earth as the 11th incarnation of Narayana. This is the reason why people unexpectedly happen to see 11:11 in their watch signifying awareness for spiritual shift. Many people have noticed this mysterious happening these days. Oh! God, we are happily anticipating for your precious presence on earth for the restoration of world peace.*

***Note:*** *Scientifically researchers have proved evolution theory that the first creature on earth must be; 1. Fish form, 2. Reptile that can live both in water and land like tortoise, 3. Boar – jungle animal, 4. Ramapithecus- man like creature, 5. Developed human- as in dwarf priest, 6. Hunting age - symbolizing bow and arrow used by Lord Ram, 7. Entered to agriculture farming- Balaram, 8. Developed safe-guard ideas as in Warrior Parsuram, 9. Interest in life quests as in Krishna's teaching, 10. Regretting wrong doings and spreading world peace as per the teachings of Buddha, 11. Definitely, some cosmic energy shall deal with the chaotic situation and restore world peace.*

***हिमालयं समारभ्य यावत् ईंदु सरोवरम् । तं देवनिर्मितं देशं हिंदुस्थानं प्रचक्षते ॥***

***Origin of Hindus:******A deep research shows that the totem worshippers Aryans were migrated from Himalayan foothills of Nepal and settled at Shindu (Indus Valley) - in between India and Pakistan. Persian could not pronounce ‘Sa’ sound properly and started to call Hindus for Sindus (people of Sindu). Remember, the word Hindu is not found in any old dictionaries. Contemporary Indians (Hindus) started to follow Vedic cultures of Sindus; totems worshipping, divine teachings, Astrology, Ayurveda study, yoga & meditation. Archaeologically, Indian modern Hindu’s history is not more than 1200 yrs. Those legacies of Vedic Sanatan Dharma (which started from Nepal) were carried out by Sankaracharya and tried to establish a religious sect with ‘Hindu’ brand name although aiming for harmonious society. Their main aim was to live a happy & peaceful life just like well-cultured and blessed people living around Kathmandu valley. The above verse written in Himwat Khanda text "Himalayan Samarabhyam Yawat Indusarobaram; Tam Deva Nirmita Desham Hindusthan Prachodayat" means the pious land built by Devas and spread from Himalaya to Indrasarowar lake (south to Kathmandu) is called Hindusthan. Literally, Hindu means well-cultured people, who follow the teachings of Vedas; Sattvic bhojan (vegetarian life), Karma Yoga (right work) and Bhakti Yoga (devotional activities). So, Indians loved to be called 'Hindus' as well and kept a brand name. But, the cultures and festivals of Hindus are the old of the oldest practices carried all the way from Vedic Culture existed in Nepal. Ramayana epic is the depiction of Tretayug Lord Ram’s reign while as Mahabharata epic is another depiction of the battle fought in Dwaparyug in-between the five Pandavas (defender of truth) dwellers of Daman, Nepal and Kauravas (100 Mischievous) dwellers of Hastinapur- today's Delhi. Similarly, Indians started to celebrate Vedic culture like Holi festival, Nagpanchami, Shivaratri, Dashain, Deepawali. For an instance,“Deusire …Bali Rajale Pathayeka…. “The verse uttered in Depawali has been playing in Nepal since Tretayug (11,000 years ago). How could you believe that Dipawali is the festivals of Indian Hindus just started 1200 years ago? The world ‘Hindu’ was known for Nepal only after the visit of Pandit Sankaracharya. Before that, Nepal was addressed as “Vedic Sanatan Dharma Nepal Rastra”. Therefore, if you heed carefully, you easily understand false rumor and Indians' tricky behavior; Christians distributing bibles and Indian Hindus distributing Nepal's aged-old Bhagawat Geeta is the same in essence. They have tried to create a mirage among Nepalese by saying “Moon in the Noon”. It is just like you see bride coming to her birth-home but not noticing that she had went to her husband’s house first after marriage. Indeed, Indian Hindus had burrowed The Vedic culture of Nepal which we are following the same culture from the time immemorial but in a Hindu brand. We are charmed from those Hindus alluring slogans forgetting our ancestor’s pride and prestige. Some-how, they have named ‘Vedic Sanatan Dharma Hindu’ but which again is laughable statement just like saying “new old sweet house.” How the ancient Indian Hindus (having history of just 4,000 yrs) dare to compare with the ancient civilization of Vedic culture that dates back to 164,000 years. May all be known that these facts are proven archaeologically? And one day, entire world will recognize Nepal as the origin of Vedic Sanatan Dharama (the root of all the religion) or the origin of Hinduism.***

***Western philosopher's view upon Hinduism***

* ***"Hindutwo will become the ruler religion in Europe and famous city of Europe will become Hindu capital". Michael Nostradamus***
* ***"I understand that through his intelligence and awareness he did that which Jews could not do. In Hinduism it is the power that can lead to peace". - Albert Einstein***
* ***"Mankind together wills all science must have originated on the roof of the world, I mean the Himalayas.."Immanuel Kant"***
* ***"I read Hinduism and realized that it is for the religion of the world and mankind, Hindutwo will spread throughout Europe and big thinkers of Hinduism will emerge rapidly. One day, it will come that Hindus will be the real stimulus of the world". - Bertrand Russell***
* ***"Indus and Hindutwo will one day rule the world because this is a combination of knowledge and wisdom". - Leo Tolstoy***
* ***"Until the effectiveness of Hinduwto is restored how many generation will suffer atrocities and life will be cut off, then one day there will be attracted to it, on that day there will be dished and on that day the world will be inhabited". - Herbert Wells***
* ***"Hindu speaks of peace and reconciliation. I appreciate Christians to appreciate the faith to reform". - Gosta Lobon***
* ***"We all have to accept Hinduism now or later and this is the real religion". - Johann Geith 1949- 1832***
* ***"The entire world will accept Hindu religion, Sanatan Dharma one day and if it cannot even accept the real name it will accept by name only. West will accept Hindutwo one day and hind will be the religion of those who have studied in the world". - George Bernard Shah***
* ***"The faith which is upon us and this is better than us in the world- then it is Hindutwo. If we open our hearts and minds for it, will be good for us". - Huston Smith***

***Conclusion: Over thousands of years, Bhagawat Geeta has inspired millions of people around the world. Its powerful message, spiritual guidance when people are in sheer confusion, has definitely enlightened many spiritual seekers. The wisdom of Bhagawat Geeta leads to dimensions beyond ordinary education and enables us to understand life and the world in subtle way. Therefore, readers around the world consider 'Bhagawat Geeta' as one of the most important book of the Vedic literature which was written in Nepal. ॐ तत् सत् शान्तिः***

***Text for Back Cover Page***

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***BHAGAWAT GEETA*** *meaning "songs of the divine" is the divine communion of truth- realization between human and God. Entire wisdom of cosmos has been packed into 700 concise verses bearing timeless and universal message to human beings. Certainly, Bhagawat Geeta is the oldest, greatest and the highest form of literature expounding the creed, discipline and ideals of all the prevailing religion. Geeta is the noblest of scriptures and the grandest of sages describing a code of life and philosophy of social - ethical relations, human problems and way out from turmoil life. The Geeta lays down the highest ideas of self-control and self-realization embracing oneness. Certainly- Bhagawat Geeta is the inspirational source of all the philosophy, art, literature, religious texts and civilization that we have inherited. What is not in it- is nowhere. It is inevitable to read in order to understand life and the world aptly and find the lost ways. He / she who do not know Geeta- shall not know the symphony of the soul; misses the avenues of life and beauty-grandeur of own existence. Bhagawat Geeta is similar to beautiful quotations taken out from the ocean of Vedic wisdom. It is a poem in symphony in which God is seen in all things. Surely, it generates devotional spirit and compels to ponder upon the true nature of life and the world. Lord Krishna is referred as 'Bhagawan' because he is the supreme personality possessing all richness, strength, name- fame, beauty, wisdom and all renunciation. Truly, Bhagawat Geeta is a beautiful window to peep spiritual realm.*

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